

Four Seasons

BREEZE

Magazine

SEPTEMBER 2025 • VOL. XV, ISSUE 1

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The Four Seasons 20th Anniversary Celebration events will be held throughout 2025! Read the Recognition Committee articles for listings and updates of all upcoming events on pages 8 - 9.

In the Breeze



Resident Spotlight:
 Tina Canon P. 12-13



The Next
 Big Move
 P. 16-17



Did You Miss It? P. 19



Photography Club P. 56

Table of contents

CONTACT INFORMATION.....	4
MESSAGE FROM THE BOARD	5
GENERAL MANAGER'S REPORT.....	6
ACTIVITIES DIRECTOR'S REPORT.....	7
20TH ANNIVERSARY.....	8-9
DID YOU KNOW?.....	11
RESIDENT SPOTLIGHT.....	12-13
TRAVEL FEATURE	15
SPOTLIGHT ON AGING.....	16-17
DID YOU MISS IT?.....	19
THERE'S AN APP FOR THAT.....	21
CALENDARS	22-23
COMMITTEES	24-31
PETS ON PARADE	33
CHEF'S CORNER.....	37
OH, THE PLACES WE GO!.....	39
PUZZLES.....	40
CLUBS & OUTDOOR ACTIVITIES.....	42-71
GET THE JOKE.....	73
PUZZLE SOLUTIONS	73
INFORMATION ABOUT THE BREEZE.....	75



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of each month in The Lodge Ballroom. The Executive

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On the Four Seasons at Beaumont website, fourseasonsbeaumont.org, you will find association financials, Board meeting minutes, activity calendar, community guidelines, and more helpful information. Register online to receive your login details. Another source of news is the Daily Report. You can subscribe to receive Daily Report emails by going to our website and filling out the form under the Daily Report blue tab.
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MESSAGE FROM THE BOARD

By Kathy Craven, Board Vice President

With all the talk about fires and waiting for updates from the state, I decided to do some research.

Did you know that as of 2023, California had 14,977,904 housing units and 7,600,000 single-family homes? From 2013 to 2023, single-family homes lost to fire represented 0.04 percent, or four out of every 1,000 homes. Additionally, 7,961 mobile homes and 515 multi-family homes were lost to fire. The total percentage of all housing units lost was 0.02 percent, or two out of every 1,000 homes.

That said, the Board of Directors does not take these numbers lightly. We are waiting for directives from the state of California to formulate a plan of action. As some of you may have read, earlier this year, the governor signed several executive orders in response to the devastating January wildfires in Southern California. In early March, he issued an emergency proclamation to streamline processes for critical vegetation management projects through the rest of the year. This marks just the beginning of many more bills to come.

As I mentioned in last month's article, the Board has formed an Ad Hoc Fire Mitigation Committee to review state mandates. Once we receive the information, we will prioritize the work needed to protect our common areas. We'll also focus on creating defensible zones, starting with our fuel modification.

The association is responsible only for common area property, but we will ensure that all received information is communicated to homeowners so you can address your personal property needs. We understand we will have a three-year deadline to complete the necessary work.

A few years ago, the Emergency Preparedness Committee looked into the Fire Wise program and found that our homes and community buildings already meet the current requirements. We have tile roofs, no wood siding, trimmed trees, no mulch near buildings, and fire hydrants are regularly checked by the city of Beaumont.

Information will be shared through the Ad Hoc Fire Mitigation Committee in the *Breeze* or at a townhall meeting, as needed.

The Board holds the General Session on the second Thursday of each month at 1 pm in the Ballroom. A less formal meet-and-greet with the Board is held the third Wednesday of each month at 2 pm, also in the Ballroom. This forum allows residents to talk with Board members about any topic except issues under litigation or in Executive sessions. Several Board members attend each month.

If you have any questions, please contact me at (714) 722-1301 or kathycravenbod@yahoo.com.



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GENERAL MANAGER'S REPORT

By Eric Zarr, email eric.zarr@fsresidential.com, or call/text (909) 991-8337

STREET REPAIR/SLURRY UPDATE Thank you for everyone's patience while we did large areas for the seal coat. There will be areas touched up and cleaned up due to the large nature of this project. To keep up to date on the project please go to fourseasonsbeaumont.org/streets.

JULY DOLLARS AND CENTS At the July Board meeting, the following projects and bids were approved. Please note in parentheses is the Committee that generated the proposal and then stating either an Operational expense which comes from this year's dues, or a Reserve expense:

- FYCC Plum Tree Removals - \$2,800 (Landscape/Operational)
- Phase A Plant Installation - \$705.50 (Landscape/Operational)
- Facility Propane Heaters - \$3,221.58 (Facilities/Reserves)
- Facilities Mosquito Eliminators - \$600 (Facilities/Capital)
- Summit Re-tiling Project - \$18,292.80 (Facilities/Reserves)
- 2026 Reserve Studies - \$2,450 (Management/Operational)

VIDEO/AUDIO RECORDING We disclosed in the Annual Policy and Budget Mailer that we have audio and video recording in common areas and gates. We recently upgraded the cameras at the main guard house to capture audio, as well as all of the main desks at the clubhouses.

DAILY REPORT If you're not receiving Four Seasons Beaumont daily emails/Activities Blasts, email issues@fourseasonsbeaumont.org to have your email added to the list of recipients. Having your email on the list is especially important in order to receive warnings and updates related to emergencies in our area (example: July 2025 Wolf Fire).

REMINDERS A reminder I give at each Open Session Board Meeting is to slow down. Once you are home behind the gates, speeding or not stopping at stop signs will only "save" you a few seconds of time. Speed limits are 30 mph on the Circle, 25 mph on all side streets, and 15 mph in parking lots. Slow down and drive responsibly. Also, use the sidewalks if you're a pedestrian and wear white or reflective clothing when it's dark outside.

Make sure to fob-in each and every time you enter a facility. One, it's the rule, and two, team members rotate through the different facilities and the person that is at the desk when you return might not be the one who was there originally.



Meetings

BOARD OF DIRECTORS

	DAY	TIME
Executive Session	9/11	9a
General Session	9/11	1p
Committee Chairs	9/1	10a
Meet the Board	9/17	2p

COMMITTEES

	DAY	TIME
Architectural Review	9/3, 17	8:30a
Canine Corral Council	9/4	10a
Communications	9/3	10a
Community Planning	9/25	9a
Conservancy	9/3	8a
Facilities	9/10	9a
Finance	9/30	1p
Landscape	9/16	1p
Recognition	9/9	10a
Safety (includes EPC)	9/2	10a
Social	9/2	1p

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Activities Director's Report

It's hard to believe that autumn has arrived, but it has — and so has September fun! Thursday, Sept. 4, is “Piano Night” with our wonderful pianist and neighbor, Harold Hinkle. Beautiful music to enjoy while dining begins at 4:30 pm in The Lodge Ballroom. Don't forget to check out the delicious Bistro specials that night as well.

Speaking of treats, did you know the In-N-Out truck will be here during our Oct. 4 Anniversary Parade? Lucky for us, they will be serving their tasty burger meals. The catch is you need to pre-purchase your \$10 meal ticket so we can give the truck a head count, helping them prepare for those with meal tickets. They can provide a maximum of 300 meals, so be sure to buy your tickets at The Lodge front desk starting Tuesday, Sept. 9.

Karaoke is on Saturday, Sept. 13 at 5 pm. Everyone is welcome to come and sing your hearts out. I believe K-J Dave will even be giving out prizes to add to the fun. Come support your neighborhood celebrities.

Be sure to check out the Social Committee article in this issue, where they describe the upcoming magic show by one of the most

incredible magicians we've ever had, Anthony Hernandez. He's the same person who made it “snow” in the Ballroom a few years ago. He's very talented, and you'll regret missing it! The show is Vegas-style and costs only \$25 per person. Seating will be on a first-come, first-served basis, with doors opening at 5:30 pm.

The 20th Anniversary Amphitheater Grand Finale featuring The Beatles versus The Stones will take place on Sunday, Sept. 21 at 7 pm. Mark Lassen has written all the details in his article, so be sure to read it. Don't forget to wear either your 20th Anniversary T-shirt or a Beatles or Stones T-shirt. It promises to be an exciting concert with more “door-less prizes” than usual. Hope to see you there!

Finally, Karen Belcher is at it again, entertaining us on behalf of the Tails and Trails Group, which consistently does so much for the community, especially with lost pets. There is no charge to play or watch, but if you'd like to help support their efforts, there will be a donation spot available. This is not required, just an opportunity. The event will be on Friday, Sept. 26 at 6 pm in the Ballroom. ~ *Cindy Graves*



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20 YEARS OF SPIRIT - OUR LARGEST PARADE EVER!

This year marks a major milestone for our community: the 20th Anniversary of our homeowners association — and we are celebrating in grand style with the biggest parade in our history! A vibrant celebration of unity, pride, and neighborly spirit, the parade is set to roll through our streets on Saturday, Oct. 4, promising fun, excitement, and unforgettable memories for all.

From the moment the first float (golf cart) sets off, it will be clear: this is no ordinary HOA event. The Board of Directors and committee members will lead the way, proudly representing the decades of work that have helped shape and grow our neighborhood into the thriving community it is today.

Behind them will follow a procession of clubs, each showing off their unique personalities and contributions to community life — whether it is wine, pickleball, book lovers, or fitness enthusiasts — every aspect of our neighborhood will be on display.

Adding extra sparkle to the lineup, we are honored to welcome local dignitaries who will join us in recognizing two decades of community growth and collaboration.

As the parade winds through the streets of Four Seasons, it will end at The Lodge where burgers from In-N-Out will be available for purchase for \$10 for a burger, drink, and chips. Tickets for this go on sale Sept. 9 at 12 pm in The Lodge. Don't wait — tickets are limited.

One of the most exciting additions to this year's celebration is



participation from Beaumont's own fire and police departments. Expect to see gleaming fire trucks, police cruisers, and even a few heroic K9s waving from their vehicles. This is a wonderful opportunity for our community to meet our city's brave first responders and thank them for their service.

And if that's not enough to get your attention, how about live jugglers, parade animals, and other delightful surprises?!? You will want your cameras ready. Entertainment and charm will be around every corner.

"This isn't just a parade, it's a celebration of who we are," said the Anniversary/Recognition Chairwoman Nancy Ginnetti. Nancy went on to say, "We have built more than homes here — we have built relationships, traditions, and a legacy of caring. This anniversary is for everyone who calls this place home." Nancy should know — she has lived here since day one!

Mark Saturday, Oct. 4 in your calendar today. The parade starts at 11 am so get your lawn chair in position before the parade passes you by. The route will be posted. Parking will be available at The Lodge and designated overflow lots.

Whether you have been here since day one or just moved in last month, this parade is for you. Join us as we honor the past, celebrate the present, and look forward to a bright future — together.

Happy 20th Anniversary to our incredible HOA community! ~ *Regina Farmer, Recognition Committee*



Sept. 9, 12 noon, The Lodge Lobby: Meal tickets on sale for \$10 per person (limit six) for the Oct. 4 parade and celebration. Credit cards and checks only.

20TH ANNIVERSARY EVENTS



Sept. 9:
In-N-Out
Ticket Sales



Sept. 21:
Amphitheater
Grand Finale



Oct. 4: Community
Parade & Reception



Nov. 22:
Turkey Trot
& Bake Off

Reflections, Renovations, and Anniversaries



Recreation Center 2 to Open Soon

By Leighton McLaughlin

Plans are for Recreation Center 2 to open sometime late this month.

The Center, on Four Seasons Circle at Mesa Verde Park, will have many features including an indoor pool designed for lap swimming but adaptable for water aerobics and recreational swimming as well.

Originally, the Center was to open in November but construction delays pushed the date into December. Builder K. Hovnanian Homes calls it the Aquatic Center, but that name is temporary and the HOA plans a contest to have residents select a permanent name (see related story on this page).

The indoor pool will extend the swimming season throughout the winter. No longer will swimmers be beached from November to April when the Lodge pool is not heated.

Landscaping of the site is underway and was recently modified to make the plantings more drought-resistant.

The Center grounds will include a walking path, an outdoor spa/pool, two bocce ball courts, two horseshoe courts, a patio with a sitting area, an outdoor fireplace, and two barbecues and a Zen (Japanese rock) garden. There is a break-your-heart view to the east

through San Geronio Pass, framed by the San Bernardino and San Jacinto Mountains.

Inside, in addition to the pool, will be a small workout area with four pieces of exercise equipment, locker room facilities and a multi-purpose lounge with a kitchenette.

General Manager Jeri Mupo said the Center will have an attendant from 7 am to 7 pm every day.

The Rules and Regulations Committee circulated a questionnaire asking residents what activities they would like to see in the Center. Recreational swimming, water aerobics, lap swimming and water walking were among the most popular answers. How these events will be scheduled is still under discussion. HOA President Jacque Sneddon asked residents to "have patience," while kinks in the scheduling are worked out. It will take time and trial-and-error to see what works best, she said.

The pool will be 75 feet long and 25 feet wide, and vary between three and a half and four and a half feet deep. There will be three marked swimming lanes along its length, and recessed access steps to keep them unobstructed.

Be the one to name Rec Center 2.

The Four Seasons HOA is holding a contest to find a name for the new Center on Four Seasons Circle at Mesa Verde Park.

Be imaginative, be inventive, come up with the winner. The fabulous first prize is lifetime free admission to the Center. Pick up a contest entry form at the Lodge front desk and make the name you pick famous.

Were you living in Four Seasons before The Summit became The Summit?

For those who recall the early days, the building was more than just brick and mortar. It was a gathering place where neighbors became friends, where traditions began, and where every corner held a story. The change to The Summit brought with it not only a fresh identity, but also a renewed sense of community and vision for what our shared spaces could become.

Now, as we look back to the building of The Summit 10 years ago, and we look forward to next month's issue of the *Breeze*, we are excited to unveil the newest renovations. These updates are a testament to our ongoing commitment to comfort, aesthetics, and community spirit.

Stay tuned for a detailed showcase of these renovations in the upcoming *Breeze* where nostalgia meets innovation, and where The Summit continues to be a place we all enjoy as we celebrate 10 years of The Summit! Happy Anniversary! ~ Regina Farmer, Recognition Committee

COMMUNITY NEWS | FOUR SEASONS BREEZE | DECEMBER 2014 5

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Photo Assignment: Neighborhood Shenanigans

Does your block/neighborhood have fun activities? If so, let us know and share a couple pictures for an upcoming pictorial in the Breeze. Send a photo of your neighborhood shenanigans, with a caption, to FourSeasonsNews@yahoo.com by Sept. 6 for the October issue. Questions? Call Courtney at (909) 797-3647.

Farewell to Four Seasons Friends

If you have lost a loved one and would like to let others know, you can have the information placed in this column in the *Breeze*. Guidelines are: Your loved one must have lived in Four Seasons Beaumont. Only one notice may be submitted. Photos are optional. Limit the remembrance to 400 words and send it to FourSeasonsNews@yahoo.com. Be sure to include your contact information in case we need to reach you. Contact information will not be published.

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Interest Groups



“Will you accept this rose?” Join your neighbors to chat, snack, and watch *The Golden Bachelor*: We start Wednesday, Sept. 24 at 5 pm in the RCN Main Room and will meet every Wednesday at 6 pm after Sept. 24. If you're interested, sign up at The Lodge.



The Gathering: The Gathering, a new interest group, met in July for a wonderful time of celebration in worship, a challenge from God's Word, and a time to get to know one another a little better.

The Courts Clubhouse resounded with the singing of familiar hymns and choruses. People were eager to chat around refreshments with newfound friends. They felt it was such a positive beginning for this new group.

Join us on Sunday, Sept. 28 at 6 pm at The Courts. Every Gathering will feature an hour of music, reading by residents, and sharing. We look forward to seeing you there.

If you have questions and need more info, please call Jim at (760) 486-8606 or Julia at (626) 227-3295.

Band of Brothers (and Sisters): Band of Brothers (and Sisters): Have you ever assisted a Four Seasons neighbor by climbing a ladder to change a ceiling can light bulb or smoke detector battery? Have you helped move bulky lawn furniture or flipped a heavy mattress? How about relighting a water heater or rebooting a modem? If you're that person, then perhaps you'd consider joining our group, the Band of Brothers. Our goal is to offer simple "non-professional" help to friends and neighbors who may not be able to do these tasks themselves. If you have any questions or want more information, please contact Michael MacQueen at (909) 938-5304 or profmacq@gmail.com.



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CHEERLEADER FOR LIFE

By Tina Canon

I was born in Hemet in 1966 and grew up on a farm in what is now called Menifee. With three older brothers, you could always find my entire family at the ball field, stadium, or gym. At five years old I was always imitating the cheerleaders from the sidelines. The squad noticed and dressed me in a tiny panther suit, making me a mini-mascot for the Perris High School Panthers Football Team, where my oldest brother was the star quarterback and my father was the PA announcer under the Friday night lights.

I continued cheering through middle and high school. After I graduated from a private school in Temecula in 1984 (Linfield Christian), I worked and took some college classes, but in 1986 at barely 20 years old, I met my future husband, Michael. He was fresh off a New York-to-California cross-country drive to begin his new west-coast life teaching music at Menifee Elementary School. He had to get his TB test clearance and I was the lucky medical receptionist who handled his paperwork. We were inseparable from that day forward.

In 1988, we were married and welcomed our first son, Ben, in 1992, followed by our second son, Jake, in 1996. Our little family was complete.

When I became a mom, I left my job as a real estate agent to stay at home full-time. We lived in the San Jacinto Valley and Michael got a job teaching technology at Hemet Unified.

When my youngest was in third grade, I got a job as a library/media technician at Hemet Unified, first at his elementary school, then later at the high school level.

When the boys graduated from college and began their lives and careers in Irvine— Ben is a software engineer, and Jake is an electrical engineer — we sold our house in Hemet and moved to Four Seasons. We planned to work another five years or so, but fate had other plans.

The call came at around 8 am on Wednesday, March 21, 2018; we had lived in Four Seasons for only 10 months. I was already at work in Hemet and Michael was just getting ready to leave for his 30-minute commute to the district office where he worked at the time. “I think I’m having a stroke,” he said. This couldn’t be happening; Michael was only 57 years old and so healthy and active — golfing, mountain biking, hiking, traveling.

I called 911 and remotely opened our garage door and began my frantic drive home up the hill from Hemet. Luckily, our neighbors, Shelley and Marty, were home and when I called they came right over to be with Michael until the ambulance came. They are still my heroes.



High School Cheer 1983 on Disney Spirit Day (see my ears?)

After a few days of uncertainty in ICU at Riverside Community Hospital and recovery at Kaiser in Moreno Valley, Michael spent around 40 days at Ballard Rehabilitation Hospital in San Bernardino.

During those trying times is when my perky cheerleader persona came in handy. “YOU GOT THIS! YOU CAN DO THIS! DON’T GIVE UP!” was my mantra even though I was falling apart in my moments alone. I was suddenly not just a wife, but also a full-time caregiver. Life as we knew it had just come to a screeching halt. I wasn’t even 52 years old.

Michael relearned to talk with intensive speech therapy. He also relearned how to walk, thanks to a great deal of physical therapy and a daily dose of cheer leading and self-determination to get back as much functionality as he possibly could.

He called himself Michael 2.0. Much of Michael 1.0 was gone, but we would learn to adapt and enjoy new things. Different things. But happy and wonderful things.

I can’t imagine living anywhere else through those difficult times. As Michael improved and could be alone for a time, I began getting out a bit and enjoying some of what Four Seasons had to offer. I began line dancing, then went to fitness classes like Zumba, Conditioning, and Kickboxing. I love the fun dances (disco is my favorite), cruising around the neighborhood in our golf cart, going to the gym, walking on the beautiful trails, playing bunco with friends, and more. I especially enjoy heading a Landscapers’ Appreciation annual event that I started in 2020. Living here is like therapy for me.

I have danced in the Shimmy Mob fundraiser performance for the past couple of years and recently participated in the PAC’s *Disney Reimagined*. I think I have officially been bitten by the performance bug and look forward to more in the future.

The past seven plus years have taught me that life is so uncertain. You never know what is in store. What you plan is often met with a detour sign. That is when you have to find the good in what you DO have and make it shine. Add a little sparkle to your daily performance and provide some cheerleading along the way.



Ariel in Disney Reimagined



Mini-mascot for Perris High School in 1972



Life on the farm with my horse Tory



Our wedding day, July 1, 1988



A family vacation along the California coast in 2002



After watching an L.A. Clippers game in 2017



Our first wheelchair walk in Four Seasons after Michael's release from the hospital



First disco party after Covid



Dancing with the Shimmy Mob

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ENJOY YOUR CRUISE, AVOID THE BLUES

By Irene Welker

Travelers often spend months planning their next vacation. Most cruise ship passengers will have a fabulous adventure and complete their cruise without a hitch. But there are a few travelers who make avoidable mistakes that could lead to, at best, a ruined vacation, and at worst, financial, emotional, and/or physical consequences. Below are common and easily avoidable mistakes.



Not Reading The Entire Cruise Ship Contract: Yes, the contract is long, but it contains everything you need to know to avoid costly mistakes. If you read something in the document that is unclear or confusing to you, contact your travel advisor or the contact telephone number listed for your cruise.

Arriving At The Embarkation Port Without The Required Documentation: Documents required for your trip are listed in the cruise contract. Most, if not all, cruise lines also have a document checklist for passengers to complete. If a passenger does not have all the required documents, they will not be able to board. Worse, the would-be passenger will be issued a denied boarding card, which will state that no refund will be given. It is the passenger's responsibility to ensure compliance with all documentation requirements. Be sure to check entry requirements for all destinations on your trip. Some countries still require visas.

If you are on a cruise that starts and ends at the same U.S. port, you must provide proof of U.S. citizenship and identity. A passport is the preferred document. If you do not have a valid U.S. passport, you may be able to use an original birth certificate and a driver's license. If your name has changed, you will also need to provide the legal document that certifies the name change.

The U.S. government website for international travel is Travel.State.Gov. The site, managed by the U.S. Department of State, offers comprehensive resources including travel advisories, visa information, passport information, and guidance on the Smart Traveler Enrollment Program (STEP). Additionally, USA.gov provides links to relevant information from various government agencies, including U.S. Customs and Border Protection. The State Department website is a great resource for travelers. It provides detailed entry information for every country.

Confusing Similar Documents That Are Not Interchangeable: A U.S. Passport Book and U.S. Passport Card: the Book is valid for international travel by air, sea, and land; the Card is valid only for land and sea entry from Canada, Mexico, the Caribbean, and Bermuda. The Card is not valid for international travel by air.

A Real ID and an Enhanced Driver's License (EDL) are not interchangeable. The EDL functions like a passport card, providing proof of the holder's identity and citizenship. The Real ID only proves identity, not citizenship.

Please note that many cruise lines and foreign countries require

visitors' passports to be valid for three to six months beyond the last day of their visit.

Scheduling Flights That Arrive on The Same Day As Embarkation: It is best to schedule your arrival flight at least one day before embarkation. Flight schedules are estimated, not guaranteed. Any number of things could cause a delay, including weather, technical, or mechanical problems. A friend and I were scheduled to land in Barcelona for a Mediterranean cruise on

the day of embarkation. Our connecting flight was delayed for several hours. We arrived in Barcelona one hour before the cruise departure time. Luckily, we had purchased our air through the cruise line, and I had notified them of our delay. We were in frequent contact regarding our arrival time at the port. We arrived two minutes after the scheduled departure time and were rushed on board. This incident could have had a completely different outcome: the two of us on the pier waving goodbye to the ship.

Failing To Purchase Travel Insurance: When planning your trip, you should include the cost of health insurance in the overall expense. Don't assume emergency or routine healthcare will be covered by your healthcare provider while traveling in a foreign country. Medicare does not cover medical expenses incurred outside the U.S. Some private healthcare providers may cover some expenses. It is best to check with your provider when planning your trip. Your provider can also advise you of any vaccines you may need before your trip. The State Department website warns travelers to make sure they are covered. The site has links to the CDC guide on travel insurance. There are also sites like Insure My Trip that compare various policies.

Be sure to take your medical information with you, such as the name and contact number of your healthcare provider, a list of your medications, and ongoing medical conditions.

I know at least three people who experienced an event while on a trip. Luckily, they had all purchased travel insurance; otherwise, the cost would have been a financial disaster for them.

A Few Parting Tips: Recheck the All-Aboard times on port days. Cruise itineraries frequently change. Double-check and take a photo of the All-Aboard information before you leave the ship.

Take your cell phone off roaming and put it on airplane mode before boarding your ship, otherwise you will be in danger of incurring a massive roaming bill.

What Tips Do You Have? There is so much more travel information to share. If any of our readers have other tips on how to avoid mistakes, how to get the most and best experience on a vacation, or what you might do differently now as opposed to what you did in the past, please send an email to fourseasonsnews@yahoo.com briefly describing your action and experience. Put "Travel Tips" in the subject line.

Researching the next big move



Are you considering selling your home? Has it become too much for one person? Or perhaps caring for an aged parent is too difficult, too expensive, or just takes all of your time and energy? What kind of assisted living places are available within 30 miles, and what is the cost if you want to keep your present style of living?

Looking at three places online gives some information about the kind of care and costs for assisted living. However, it is necessary to call, make an appointment for a tour, and importantly, tell your tour representative that you want to have lunch there to sample their food. All of the places were thrilled to set up a luncheon tour and site visit.

A recent research visit to the most luxurious place revealed a fantastic view. Entering site #1, a high ceiling foyer, beautifully decorated, welcomes visitors. Behind a large desk, open every day and all night, a cheery receptionist requires visitors to sign in with identification. A few residents slowly stroll around the area, many with walkers. The average age appears to be 75, at least.

The tour begins when the pleasant tour director asks a few questions to determine what you are expecting or what you need to see. A large folder shows floor plans, activities, costs of the various choices, with pictures and testimonials of smiling, active residents.

The first two sites and the most expensive are a bit different from Four Seasons. Site #1 included one meal each day, light housekeeping bi-weekly, laundry, and daily

check-in via wrist or necklace fob provided. A medium-sized apartment in the building is between 700 - 900 square feet. That plan includes one bedroom, living room, bathroom, kitchenette, and a French balcony. The available apartment on the second floor will be cleaned, painted, and redone floor to ceiling for a new resident.

Activities include 20-30 activities similar to Four Seasons, excluding the more strenuous ones. With only 100-200 residents, activities are reasonably fewer. A travel club offers off-site trips and buses. Vans are available to take residents shopping or to medical visits since many do not have cars.

Each of us has a different plan for our lives. We come from many different geographical locations, cultures, and families. We want different things in our final years of living.

Lunch is served by a uniformed staff. A restaurant atmosphere greets visitors. The tables are pre-set with cloth covers and napkins. Center pieces adorn the different-sized tables. The large menu offers seven main dishes, as well as the usual sandwiches, burgers, and hot dogs. The first course is a bland soup followed by a tasty main dish, lasagna. Breads and drinks are included. Dessert is a choice of bakery items, ice cream, and, of course, Jell-O.

So, what is the cost of this luxurious plan? A life-plan that includes assisted living or memory care is suggested. Before all the possible add-ons for additional care, a buy-in of \$120,000 or more purchases the space, not the bricks and mortar, but the time or space a resident is there. It is similar to a time-share

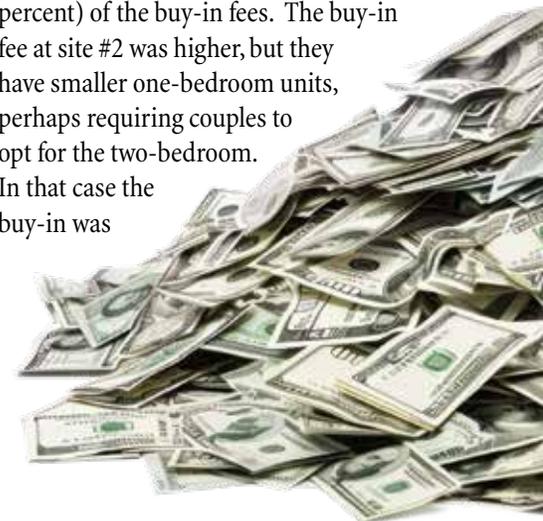
purchase. Then the month or community fee is added to the food and care price totaling \$4,265 for two people in a one-bedroom unit monthly after the buy-in fee.

Site #2 was similar except its units are not apartments in a multi-storied building. Separate cottages are available as well as duplexes. All home care and landscaping are provided and the hours of operation are 24/7. The grounds are well-cared for with small areas for pets and walkers. A small coffee shop offers the breakfast and lunch-type food with one-meal included on the meal plan. The literature provided shows happy residents waving to a man driving by in a golf cart, a necessity to get from a duplex to the main facility for activities or meals. For those with limited mobility, this is a negative. Again, walkers were often seen in elevators walkways and were plentiful in a corner of the lovely dining room. Food was once again delicious. Residents often joined together at the community tables where they are encouraged to get to know a new person. Choosing from a more limited menu lunch was delicious as well as large enough portions to take home for another meal.

Both facilities offered a business computer room, fitness gyms, a pool, entertainment, and unfurnished apartments or cottages.

Prices for site #2 were a little different as residents can choose a rebate plan that enables their heirs to recoup some (50 percent) of the buy-in fees. The buy-in fee at site #2 was higher, but they have smaller one-bedroom units, perhaps requiring couples to opt for the two-bedroom.

In that case the buy-in was





\$165,000. Monthly fees for a two-bedroom varied on the size, 855 to 1,390 square feet, and made the entrance fee \$166,000 to \$286,000. The assisted living building had only studio units ranging in price from \$7,000 to \$14,000 depending on the amount of care needed.

Having fewer residents should have limited the clubs offered, but more than 50 groups are listed in their brochure. A weekly eight-page newsletter keeps residents informed as to what's happening. A smaller population means fewer choices, however.

The third site was the most reasonable since there was no big buy-in amount. The rooms were smaller with smaller kitchens. Some units have a balcony or patio. Extra care prices can make this option a little pricey, however. A monthly fee of \$4,700 is charged, like rent for a small, two-bedroom unit. Residents select from 14 distinct floor plans with wall-to-wall carpeting, blinds, and an ADA compliant bathroom or two depending on the size chosen. Three meals, laundry, housekeeping, and a host of activities suitable for each living option are included. One special meal each day and a list of burgers, sandwiches, and soup make eating choices easy to select.

The Memory Care unit is in a separate building with a safe, enclosed courtyard.

Activities are designed to enhance the residents' time there. The whole complex is family owned and they pride

themselves on their staff and the vibrant and independent lifestyle they offer.

The building even includes a beauty and barber shop, transportation for shopping or medical visits, a putting green, and pool. This location is even pet friendly.

Parking can be a problem since fewer people are still driving and large parking lots are unnecessary. The brochure states, "Independence is not determined by home ownership or living alone. It is determined by one's freedom to make choices each day." Their goal is to take care of the many daily chores so the residents are free to do the things they want to do.

Each of us has a different plan for our lives. We come from many different geographical locations, cultures, and families. We want different things in our final years of living. It's a good idea to visit several of the places in this area to get a feel for the type of facility that will suit you or your loved one, and what the expense will be for each level of care. It seems reasonable, after seeing the cost involved for most Four Seasons homeowners to stay in place as long as health permits, bringing in weekly caregivers as needed. Several advertise in the *Breeze*, and references can be found from neighbors and friends. The choice is yours!

One facility summed up its goal as, "This is the time for the world to adapt to us. That understanding is what motivates the things we do. In building communities to empower older adults to enjoy and celebrate every moment of the day, we are working to ensure that they have what they have rightly earned — the power to shape What's Next."



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THERE'S
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Get Charged Up!

By Steve Benoff

“Merc.” If you’re “into” cars like I have been my whole life, you probably think of “Merc” as an abbreviation for Mercedes-Benz. Sorry, not me. “Merc” to me means Mercury; as in a 1939 chopped and channeled Mercury coupe. I guess “my whole life” is an exaggeration. I didn’t become an avid Car Craft reader till I was 11 and didn’t start driving my mom’s Willis Jeep stick-shift station wagon around our neighborhood till I was 12. But since then, I’ve been a loyal car magazine subscriber. Alas, back then there were dozens of magazines to choose from. Ten years ago, I subscribed to four monthlies. Now I get four or six issues of three each year.

Which brings me to one of them — *Motor Trend*. (*Road & Track* and *Car and Driver* are the other two.) *Motor Trend* started the Car of the Year ratings in 1949, its inaugural year. Since then, the “of the Year” concept has been borrowed by many other publications and *Motor Trend* itself has greatly expanded the idea to include trucks, automotive personages, and, most recently, they’ve created the Best Tech Awards.

So, I’m going to tell you about an app that I have never used, don’t have on my phone, and may never need. It’s true that if I were buying a new car today, it would undoubtedly be a plug-in hybrid. Plug-in hybrids are kind of a halfway point between non-electric and full-electric vehicles. Pure hybrids are like gasoline cars, SUVs, and trucks; they recharge their batteries themselves and don’t need to be plugged in. Their battery-only range is short, and they need regular trips to a gas station. Pure electrics eschew gasoline and depend on regular recharging.

Plug-in hybrids have an electric-only range that’s beyond what many (most?) drivers need for daily use. They can also be used when their batteries are depleted and run on gasoline alone - although that defeats their purpose. But plug-in vehicles alleviate what’s known as range anxiety. That’s the fear common among electric-only drivers of running out of electric power before arriving at a working charging station.

But since I’m not going to buy a car this year, or maybe ever again, I’m not going to have to worry about where to charge my car. That’s why I don’t have this app on my phone.

Nevertheless, I found *Motor Trend*’s description of this app so intriguing that I thought I’d share it with you as a brilliantly-designed smartphone app.

OK, enough suspense. The name of the app is PlugShare, and anything I’m going to tell you about it comes from the 2025 Summer issue.

As I mentioned, one of the concerns of an all-electric vehicle is whether they will make it to a charger before running out of juice. First, let’s not overthink this concern. Most of these vehicles have a range of over 200 miles on a full charge and most can also be recharged at home. So daily local use simply causes no problems about recharging. Recharging at home is an issue in itself. If you live in a single-family home, it’s easy to recharge right in your own garage. But if you are among the 40-45 percent of the

population who lives in an apartment or condominium, recharging at home may be impossible. As a country, we are slowly building a charging network and will likely be evolving that network to suit more owners. Right now, public charging stations have cables that connect to the vehicle. But if you had your own cable, then all you would need is an outlet nearby; say, in a lamppost or a column in an apartment garage.

But currently, if you want to take a trip in your electric car, you need to know where you can recharge and, just as importantly, if that charger is working. This is where PlugShare comes in. “It has become one of most complete and accurate public charger

databases.” Its “simplicity makes it easy to navigate and operate. The app’s home screen is dominated by a map littered with colored dots. Green dots indicate Level 1 or 2 chargers, while orange dots are markers for Level 3 fast charging. Chargers that are off limits to the public or not operational are marked by gray dots. Clicking on the dots reveals detailed information about the charger, including its address, affiliated network, plug types, costs, hours of operation, and more.

“Users can fine-tune their map with an extensive list of filters such as charging speed and networks. Among the most useful for road-trippers is the ‘lodging’ filter, which maps out chargers located at or near hotels.”

An essential reason for the accuracy of PlugShare is that it is crowdsourced. Like Gas Buddy and Waze, users provide up-to-date information about the status of charging stations throughout the country.

If you use an app you’d like to share with others, let me know at steve.benoff@verizon.net.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar changes? Complete a Schedule Change Request Form, found on the website or The Lodge front desk, by the sixth of the month to make it in the following month's calendar.	Management Office Closed Life After Loss African American Cultural Club 1p 6p	Karaoke Classic Film Group 5p 6p	3	Ballroom Piano Night 4:30p 4	Seasoned Singles 6p	Birding Club Cars & Coffee 8a 9a
7 Trivia Night 6:30p	8 Book Club Bistro Bingo 9:30 a 4:30p	9	10 Wednesday Matinee 2p	11 Exec Session Board Meeting 9a Open Board Meeting 1p Italian Am Club 5:30p Classical Music Grp 7p	12 Opera Club 6p	13 Crowned Divas Karaoke 11a 5p
14 Laughter & Popcorn 12-2p; 2-3p; 3-5p	15 Life After Loss 1p	16	17 Heart & Soul Potluck 3:30p	18 Taste d'Vine 6p	19 Opera Club 6p	20 Travel Group Magic Show 10a 6p
21 Amphitheater 20th Anniversary Concert 7p	22	23 Classic Film Group 6p	24	25	26 Tails & Trails Name That Tune 6p	27 Heart & Soul Community Event 5p
28	29	30	SEPTEMBER			

Labor Day Holiday Hours: Mon., Sept. 1
The Lodge: 7 am - 7 pm • The Summit: 7 am - 7 pm • The Courts: 7 am - 7 pm
Management Office: Closed

The activities, dates, and times on this calendar are subject to change at any time. Check with your club or group contact for the latest information.

CLASS, GAME, EXERCISE SCHEDULES

Below schedules may change, cancel, or reschedule at any time. Check with The Lodge front desk or fourseasonsbeaumont.org for updates.

Physical Exercise

THE LODGE

Gym	Daily	Open
Hula Hoop Group	F	7:30a
Pool	Daily	Open Swim
Spa Pool	Daily	Open
Paddle Tennis	Daily	Open
Pickleball	Daily	Open
Cornhole	T	4p
Shuffleboard	M/Sat	8a
*Beginners Conditioning	T/Th/F	8:30a
*Total Body Conditioning	M/W	8:30a, 9:30a
*Kickboxing Cardio	Sat	9:30a
*Chair Yoga	W	5p
*Yoga	T/Th	10:30a, 8:30a
*Zumba	T/Th	9:30a
*Pilates	W	7:15a
*Pound Fitness/Pilates Fusion	M	11a
Ping Pong	M/W/F/Sat	1p
	T	2p

THE COURTS

Gym	Daily	Open
Courts Pool	Daily	Open Swim
Spa Pool	Daily	Open
Tennis	Daily	By Reservation
Ladies Putters	M	4p
	F	9a
FSTTC	M-Sat	1p
AFSTTC	T	10a
Ping Pong	Daily	2p
Water Volleyball	M/W/F	10a
*Yoga	T/Th	8:30a

THE SUMMIT

Gym	Daily	Open
Summit Pool	Daily	Open
Bocce Ball	Daily	Open
Horseshoes	Daily	Open
Water Volleyball	Sat.	10a

DANCE

*Let's Dance!	M	6p
*Heart & Soul	W	3:30p
Old School Dance	4th Th	3p
Step it up Line Dance Beginning	M	1p
Step it up Line Dance Improvers	M	2p
Step it up Line Dance in the Ballroom	W	6:30p

*A fee may apply for activity

Classes/Groups

Believe Bible Study	F	10:30a
Ceramics	W	1p
Craft Group	Th	10a
Crafty Card Makers	2nd F	1p
Handbell Choir	W	2p
Healing Craft Class	1st/3rd T	1p
Intercessory Prayer	1st M	9a
Knit & Crochet	T	10a
*Mixed Media Art	M	10a
	F	10a
Men's Bible Study	T	9a
PAC	2nd M	6p
Photography	1st Th	6:30p
Porcelain Clay	Th/Sat	1p, 10a
Quilting Enthusiasts	1st Th	1p
Sit 'n Sew	3rd Th	9a
TOPS Weigh In	T	8:30a
Talent Workshop	3rd M	6p

Activities

8-Ball Club	M/W/F	6:30p
	3rd M	1:15p
Curly Cues	M	11a
Billiards for Fun	T	10:30a
Wild Bunch Billiards	F	12:30p
Dominoes Billiards	W/F	3:30p
Bocce Ball	T/F	8a
	Th	6p
Horseshoes	W	9a
Ladies Putters	M	4p
	F	9a
Ping Pong	M-Sat	2p
Advanced	M-Sat	10a
Paddle Tennis	M/W/F/Sat/Sun	5p
Shuffleboard	M/Sat	8a
Tennis Play Day	Last Sat	8a
Beginners	All Sat except last	8a

Game Clubs

GAME	DAY	TIME
Bridge for Fun	W	11:30a
Bunco	F	1p
Canasta	Th	1p
Co-Ed Bid Whist	T	6p
Contract Bridge	2nd Sat	9a
Dominoes	W/F	6p
Hearts	T	6p
Mahjong	F	1p
Mexican Train	M	12p
Phase 10 Cards	2nd/4th T	2p
Rummikub	M	2p
Three Thirteen	1st/3rd Tues	2p
Uptown Diva Bid Whist	1st/3rd F	2p



Heating lamps



Mosquito eliminator

FACILITIES COMMITTEE

As the days grow shorter and the weather has the brisk feeling of fall in the air, our community's shared spaces are quietly undergoing transformation. Recent months have seen a flurry of activity, with both planned improvements and thoughtful touches designed to enhance comfort and enjoyment for all residents.

The committee is set to complete renovations of both The Lodge and The Summit. With these projects wrapping up, we will soon turn our attention to new initiatives within the community.

In late July, we added pyramid-designed outdoor heaters. These not only enhance the aesthetic but also provide warmth for outdoor dining or conversations on the patio for cooler weather ahead.

In response to complaints about mosquitoes in outdoor areas, the community purchased a mosquito-eliminating device and is showing promising results. If the device continues to be effective, we will add more units.

Facilities would like to recognize and extend their gratitude to Greg Gall, who recently retired from the committee. His dedicated service as a community volunteer was very appreciated. We wish Greg all the best!

The Facilities Committee meets at 9 am on the second Wednesday of each month in the RCN Conference Room. All homeowners are welcome to attend. ~ *Regina Farmer*

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COMMUNITY AWARENESS

“If you see something, say something.”

This is the message we want everyone in our lovely community to take to heart. We need everyone to be our “eyes and ears” to report unsafe or unusual situations. We also would like to thank our Block Captains and Community Awareness Committee members for all they do to help keep our community safe.



Best Times to Drink Water

When You Think You're Hungry: You might really be thirsty. Most people don't realize they're thirsty when hunger seems to strike. The brain recognizes these triggers as the same. So, before you hit the pantry, drink some water first. Then give it a few minutes to see if it satisfies the urge to eat.

When You Wake Up: The first thing in the morning is one of the best times to hydrate. Your body has gone through a long fast. For a simple jump start, squirt half a lemon in your first glass of morning water for a bright boost of antioxidant phytonutrients, vitamin C, and potassium.

Whenever You Sweat: Anything that makes you sweat — a sauna or a hot tub, time outside on a hot, muggy day — will cause your body to lose fluid. Ditto with exercise. As your muscles warm up, your body perspires to cast off heat. You'll need to cool down with lots of water.

Before, During, and After Exercise: You need lots of water to replace what you sweat out. How much? Before you work out or spend time outside, fill up your bottle with 16 to 20 ounces of H₂O. Drink 6 to 12 ounces about every 10-15 minutes while you're active. Afterward, drink

again — another 16 to 24 ounces.

When You're Sick: Hydration is key to healing when you're sick. Symptoms such as diarrhea, vomiting, and fever can cause extreme water loss. At the first sign of illness, drink lots of water, especially if you're not hungry. Stay away from alcohol and caffeinated drinks. They'll dry out your system even more.

When You're on a Plane: Ever wonder why you get so parched and thirsty when you fly? It's all about altitude. The higher the plane goes, the drier the cabin air becomes — and around half the air in your cabin flows in from outside. To combat the super-low humidity level, carry an empty water bottle to fill up as needed during your flight.

When You're in a Midday Slump: It's mid-afternoon and your energy has left the building. Don't start a new pot of coffee, though. Instead, have a tall glass of water — maybe sparkling to add some pizzazz — with lemon or other flavoring to bump up your mood. Your hydration state directly affects your mood, memory, and visual perception, the British Journal of Nutrition reports.

When You Have a Headache: One of the top migraine triggers is dehydration. Some people report that even a slight dip in fluid intake can bring on an intense headache. It also can make you feel fuzzy, and in some cases even require medical treatment. Especially if you're migraine-prone, keep a water bottle handy at all times and track your intake. If you feel a twinge coming on, a glass can save your day.

Before Eating a Meal: Drinking water before a meal — aka “preloading” — might help you lose weight. A small study tested people who drank 500 milliliters — that's a little over 16 ounces — of tap or bottled water about 30 minutes before mealtimes and throughout the day as they wished. Over 12 weeks, the pre-loaders lost almost three pounds more than those who didn't follow the protocol.

When You Want to Lose Weight: Water is more than a calorie-free way to help yourself feel full. It may also rev up

your metabolism. In one study, 50 girls with extra weight drank about two cups of water half an hour before breakfast, lunch, and dinner with no other changes in their diet. After eight weeks, they lost weight and lowered their body mass index and body composition scores. Water also speeds up lipolysis, which is the body's process of burning fat for energy.

When You Need to Be on Your Game: Did you know almost three-fourths of your brain contains fluid? If your levels dip too low, the blood vessels in this organ shrink. This can affect your coordination, short-term memory, attention span, and stamina, a Chinese study found. So, if you feel tired and muddled, pass up a caffeine-charged energy drink. Simply drinking water can help you bounce back.

How Much Water Is Best? The U.S. National Academies of Sciences, Engineering, and Medicine say more fluid is better for average, healthy adults — 15.5 cups a day is ideal for men, while 11.5 cups a day from all food and drinks is enough for most women. But this includes hydration from food and all beverage sources. Your own needs depend on your health, how active you are, and the climate where you live. Check with your doctor to determine how much you need.

Note: The preceding information was provided on WebMD – Medically Reviewed by Jabeen Begum, MD.

CPR / AED CLASSES: Monthly CPR Sunday classes are not currently being scheduled. However, you may arrange to schedule a CPR class for your club or committee by calling, texting, or emailing A J Reilly to set up a class: (951) 522-9975 or reilly58@me.com.

We want to extend a special invitation to our current Block Captains, as well as to anyone interested in becoming a Block Captain, to attend this month's Community Awareness Meeting on Wednesday, Sept. 10 at 10 am in The Lodge Ballroom. All are welcome! ~ **Frank Hilberg, hilbergfrank@gmail.com**

CONSERVANCY

Come join us on a walk! Each month our committee walks a part of the Four Seasons Conservancy Area to report to the Board at their next General Session about the conditions we observed. In August, the committee walked the north portion of Trail B and along the southwestern perimeter of the Potrero parcel near our main gate. KHov's landscape contractor was working on this portion of Trail B trimming the ground cover. The creek bed was dry and free of trash. The walking trail was groomed and in great condition. We saw numerous birds. To our diligent homeowners who walk this trail

with their pets, "Thank you" because no pet waste was observed.

Please come join us on our next walk on Sept. 3 at 8 am. We will start our walk at the eastern end of Green Creek Trail near the Trail B entrance where we park our cars. Then we will walk and observe the conservancy area along the eastern portion of the Edison Easement from Four Seasons Circle to Highland Springs then trek through the Sam's Canyon Meadow. All are welcome. ~ **Claudia Rozzi, Secretary, cc2682@outlook.com**

ARCHITECTURAL REVIEW COMMITTEE

As expected, summer brought many ARC applications for house painting. Some applications were for painting the entire house, while others were for only part of the trim. We also noticed that some colors fade faster than others.

Whether you are painting the whole house or just a section, you must submit an ARC application, even if you are using the same color as before.

You can review the color scheme books at The Lodge front desk or the RCN. The only strict rule is that the body of the house must be painted with one of the approved body colors.

If you decide to use colors from more than one color scheme, ARC will assess whether the combination fits the overall aesthetic of the community.

ARC recommends hiring only licensed contractors who carry workers' compensation insurance. We have seen some licensed contractors opt out of this coverage by claiming an exception for contractors with no employees. Although legal, this only applies if there is only the licensed contractor working on your house. You should verify that the contractor has a valid license at <https://www.cslb.ca.gov/OnlineServices/CheckLicenseII/CheckLicense>, and also confirm that they carry workers' compensation insurance at that site.

If the contractor has opted out and gets injured, you will be



responsible for their injuries. You or your homeowner's insurance will have to pay medical bills and any other court-ordered expenses. If the contractor chooses not to buy workers' compensation, the responsibility for any injury falls on the homeowner.

Finally, remember that no contractor signs are allowed to be displayed in front yards. It is your responsibility as the homeowner to ensure that the contractor does not place any signage indicating who is painting your home in your yard. ~ **Steve Cooley, (801) 815-5302, cooleyaudit@gmail.com**

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26 FOUR SEASONS BREEZE | SEPTEMBER 2025

LANDSCAPE COMMITTEE

As the seasons change and we find ourselves already in September, we want to take the opportunity to respond to the survey feedback received this past February. Thank you to the few people who took the time to share your thoughts, concerns, and suggestions. We reviewed each comment. Below, we address the most common topics and clarify our ongoing efforts.

The idea of establishing a community garden remains a popular and recurring request. We appreciate the enthusiasm from residents, and we have discussed this with both the Garden Club and the Community Planning Committee. Unfortunately, we have yet to identify a suitable location for such a garden. Concerns about the long-term upkeep of a shared garden space continue to exist. It is important to note that ongoing maintenance of a community garden falls outside the current responsibilities of the Landscape Committee. We remain open to future solutions and encourage community input as we continue our search for a feasible approach.

We take fire safety concerns seriously. Dead wood and bushes are removed on a monthly rotation by our landscaping partner, Park West. This process is systematic and ongoing. Please note, however, that the Conservancy area is not under the jurisdiction of our HOA and is not included in this maintenance schedule. Also, note that the Fire Marshall has reviewed our landscaping along with the fuel mod, and to date, we don't have any suggested remediation.

One resident expressed concerns about overgrown oak trees obstructing views. It's important to clarify that there are no designated view lots within our community. Oak trees and other large plantings are managed with the health of the trees and the broader landscape in mind.

Front yard plant maintenance is also performed on a monthly rotation. Our approach is to trim for the health and longevity of each plant, with careful consideration of seasonal requirements and overall appearance. This means individual trimming requests are not possible, as our priority is to maintain the vibrancy and long-term health of the plantings community-wide.

FINANCE COMMITTEE

A survey was recently sent out to give homeowners an opportunity to express their concerns and opinions about our community. It included several comments about our finances. We have reviewed the responses and appreciate your interest as we work to keep our community financially secure.

The financial statements for June 2025 were reviewed and recommended for Board approval. In addition, the committee reviewed expenditure proposals for various recommended projects in the community. We also reviewed investment recommendations to move maturing investments to higher yield FDIC-insured instruments. Highlights of the June financial statements are: Total Cash is \$11,646,656 including operating cash funds of \$2,252,830 (checking and CDs) and reserve account funds of \$9,390,018 and

Park West has been advised to exercise extra care when trimming plants near homes to avoid damage to stucco surfaces. We appreciate your feedback on this matter and will continue to monitor this aspect closely.

We have heard your requests for improved landscaping in the Springdales. Our first step is the removal of aged rosemary, which is underway in various areas. Regarding the suggestion for better lighting in the Springdales, we must clarify that lighting installation does not fall within the scope of the Landscape Committee.

There were a few comments about the maintenance of Trail F. Please be advised that Trail F is permanently closed and has been blocked off with chains to prevent access. No further landscaping maintenance is scheduled for this area.

A few people have asked for more seasonal color in public spaces. We do incorporate seasonal color at The Lodge, and these displays are changed throughout the year. However, to keep HOA costs manageable for everyone, we do not provide seasonal color plantings throughout the broader community.

We recognize that newer areas may appear less established. Many of these spaces have already received attention and continue to be assessed as part of our rotational schedule. Please remember that our water-wise plantings require time to fully mature and thrive. Patience during this period will result in more sustainable and attractive landscaping for all.

In closing, we want to reaffirm our commitment to maintaining a beautiful landscape that enhances the quality of life for all residents. As we face a warming climate and rising watering costs, our goal remains to balance visual appeal with fiscal responsibility. We appreciate your continued support and understanding as we strive to care for our community's landscape while keeping HOA costs as low as possible.

Thank you for your investment in the ongoing beauty and sustainability of our shared spaces. ~ **Brenda Steckler**, brendasteckler@gmail.com

reconstruction funds of \$3,808. Our total year-to-date current income is \$100,293.

Homeowners are welcome to join us at the Finance Committee's regularly scheduled monthly meetings held on the last Tuesday of each month. Our next meeting will be Tuesday, Sept. 30, at 1 pm. The Finance Committee reviews and discusses many issues that you may have questions about. Residents are welcome to attend one of our meetings to become more familiar with our finances. At the beginning of each meeting, we allow three minutes per homeowner not to exceed 30 minutes in total for comments. Our meetings are held in the RCN Conference Room.

If you have any questions or concerns, contact Jolene Cooley joleneaudit@gmail.com. ~ **Jolene Cooley**



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SOCIAL COMMITTEE

“Tropical Paradise” ... What a wonderful evening! The buffet was beautiful and delicious! The Ballroom decoration was amazing! Elaine Recchion and the volunteers did a fabulous job making the most of the generous decorations donated by Jeff Shepard of Haven Pet Center. Howard Keith and Elaine went to the storage unit of Haven Pet Center and brought back all those huge, beautiful trees and other decorations to Four Seasons.

Thank you to all the volunteers who made this event possible. Pictured at right are some of the volunteers who attended the luau: Cheryl Calderon, Nancy Ginnetti, Lisa Johnson, Elaine Recchion, DeAne Nottingham, Denise Culley, Becky Sanchez, and Thelma Townner. But as they say, “It takes a village.”

The entertainment was fantastic! Thank you to all the men who dared to try Polynesian dancing!

The next event will be a professional magician. “Magical Evening” will feature Anthony Hernandez. The date is Saturday, Sept. 20. Tickets go on sale on Tuesday, Aug. 19 in The Lodge from 9 to 10:30 am. The cost is only \$25 per person. Some of his clients include American Airlines, Toys R Us, Soboba Casino, San Manuel Casino, Pearson Park Amphitheater, the State Theatre of Modesto, Disney Cruise Lines, and the Marriott Corporation. You are guaranteed to remember this event for a long time!

Our last event of the year will be “A New York New Year’s Eve.” This year, we will have a show band recommended by Mark Lassen. They are called Jolly Corks. They are a five-piece tribute band covering multiple decades, featuring a female lead vocalist, a male co-lead vocalist, bassist, keyboards, guitars, and drums. They perform hits from the 60s, 70s, 80s, 90s, 2000s and current rock, pop, funk, and blues. They’re sure to play one of your favorites! The caterer will be Anne Taylor, once again serving appetizers as we enter the Ballroom. The photographer will be JB Photo, who will bring lots of fun props to capture the mood of the evening.

Tickets go on sale on Dec. 2 in the Ballroom from 9 to 11 am. There will be assigned seating. Doors open at 5 pm with appetizers and champagne. The band will play from 7 to 10 pm. We will celebrate the new year at 9 pm. Mark your calendar for the ticket sales, as they will go fast! ~ Lisa Johnson, lisajohnson710@gmail.com



Loggia photo by John Goolsby



Some of our hardworking volunteers



Some audience members joined in!



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SAFETY COMMITTEE SAFETY 4 “ALL” SEASONS

As we leave summer and move into autumn, the Safety Committee is committed to making our community a safe environment in which to live.

PREPARE FOR A DISASTER

The following information is provided by Cal OES – Governor’s Office of Emergency Services. Living in California, you might experience a natural disaster, like wildfire, earthquake, or flood. You are the best person to help yourself and your family prepare for disaster by taking five simple steps.

STEP 1: GET ALERTS

- Go to www.CalAlerts.org to sign up for emergency alerts.
- Follow reliable social media sources like your County Office of Emergency Management/Services, fire chief, sheriff/police chief, and local government.
- Call 2-1-1 from your phone to get more information.

STEP 2: MAKE A PLAN

- Make a list of contact information for all the people you might need to reach.
- Share the list with your family in case you are separated.
- Decide where you would meet up with loved ones in an emergency, and practice how you would evacuate.

STEP 3: MAKE A GO BAG

- Make a Go Bag for when you have to evacuate quickly.
- Pack important documents and items for each member of your household ahead of time.
- Be ready to grab keys, wallet, phone & charger, medication, and personal items.

STEP 4: MAKE A STAY-BOX

- Make a Stay-Box for when you cannot leave your home.
- Include basic supplies like food that won’t spoil, water, medications, a flashlight, and trash bags.
- Try to store enough to last three days.

STEP 5: HELP OTHERS

- Exchange contact information with your neighbors, and plan how you could work together to help keep each other safe.
- Be ready to assist those around you who might be less able to help themselves during a disaster.

If an emergency occurs, stay calm and follow the instructions of the police, fire department, and local officials. Download the Listos California Disaster Ready Guide at: www.ListosCalifornia.org.

As an added safety reminder... Unsafe driving is a common concern and theme brought up by residents. Here are a few reminders to help keep our community safe.

- 25 miles per hour is the maximum speed limit on roadways within our residential districts.
- 30 miles per hour is the maximum speed limit on Four Seasons Circle.

- 15 miles per hour is the maximum speed limit in alleyways. Remember, parking in alleyways is prohibited. We need to maintain access for emergency response vehicles.
- Stop at all designated STOP signs.
- Yield to vehicles that have entered a roundabout. Note: When entering a roundabout, only drive in a counterclockwise direction!
- No Distracted Driving — Put away your cell phones and other electronic devices while driving.
- Yield to pedestrians.

Note to Drivers: It is important to follow prudent driving practices. Although our streets are not marked with center lines, please avoid driving down the center of our roadways and stay on the right side of the street.

CPR SUNDAYS: Monthly CPR Sunday classes are not currently being scheduled. However, you may arrange to schedule a CPR class for your club or committee by calling, texting, or emailing A J Reilly to set up a class: (951) 522-9975 or reilly58@me.com.

Remember, “If you see something, say something.”

The Safety Committee meets on the first Tuesday of the month at 10 am in the RCN Conference Room. We encourage you to attend the meeting should you have any concerns or if you would simply like an update on our ongoing safety projects. ~ *Frank Hilberg, hilbergfrank@gmail.com*

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CANINE CORRAL

Since it's still hot during the dog days of summer, meeting times remain at 7 am, unless you arrange otherwise with Canine Corral members. Remember to bring plenty of water, both for your pet and yourself.

We're excited to announce the upcoming Halloween Pet Parade scheduled for Friday, Oct. 31, starting at 10 am in The Lodge parking lot. Advanced entry applications will be accepted during the week of the event (Oct. 27-30), and there will be a \$5 entry fee this year. This fee helps cover the cost of prizes, which include first, second, and third place awards for small, medium, and large dogs. Last year's event was a big success, featuring a wide variety of creatively costumed pets. The October *Breeze* will provide full details about

the Pet Parade. The committee looks forward to seeing the creative costumes pet owners come up with.

If you have a dog, consider joining so they can make friends and run freely. The first year costs \$30, with annual renewals at \$10. You must meet vaccination requirements and some other criteria, all of which are explained in the application packet. Pick one up at The Lodge front desk — it's very easy.

We're always looking for members for our Canine Corral Steering Committee, which meets once a month on the first Thursday at 10 am for about an hour. If you're interested, stop by one month to see how we work to improve life for our dogs. ~ *Barbara Morton, Co-Chairman, barb93720@yahoo.com*

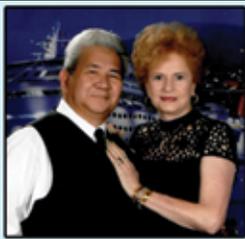
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Gigi Bugni poses on the couch. Submitted by Marianne Bugni



This is Baron in his favorite position —chilling. Submitted by Sherrie Barton



Our Bengal Boy, Zorro! Submitted by Gracy and Hilario Luna



Doesn't everyone have a cat tree as a conversation piece in the middle of their living room? Submitted by Karen Reed



Scrumptious Sprocket admiring his dirty ducks! Submitted by Julie and David Roth



This is Roscoe, a two-and-a-half-year-old mixed breed rescued right after Thanksgiving 2023. He is an extremely friendly and loving fur kid. Submitted by Carlos Ocegueda



This is my little old girl, Gigi, with the red bows (top). And this is sweet, playful Bijou kitty who loves tummy rubs (bottom)! Submitted by Trish Owens

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Four Seasons Champion Returns From The National Senior Games

What started as a spark of interest 25 years ago has blossomed into an incredible success story. Peter Antoine happened to see an early morning weightlifting demonstration on TV. He was so inspired that he taught himself to lift weights and then began competing and winning. After learning more about workout consistency and injury prevention, he was able to help and advise others. Since moving to Four Seasons 20 years ago, he has taught and encouraged many residents.

Pete accumulated about 55 gold medals from various events over the years. In May this year, Pete won another gold medal in Pasadena. This time, he didn't just display the medal — he qualified for the nationals. In 1985, the NSGA added weightlifting to its schedule of competitive events for the first time. Pete registered for the Aug. 2-3, 2025, National Senior Games in Des Moines,

Iowa. A week after signing up for all the weightlifting events, he was notified that he had been nominated by the Pasadena Senior Olympics to carry the California flag during the opening ceremonies parade on July 29, alongside 650 other California athletes.

The men's competition took place on Aug. 2 at a large recreation center in Des Moines. Each competitor was given three lifts in the bench press, squat, and deadlift. Three judges evaluated the contestants and were also responsible for giving "commands." If a command was not perfectly followed, a red flag was raised. If the lift was successful, a white flag was displayed. Pete had been training with his friend Al Pina, also a Four Seasons resident, focusing on the squat and deadlift, as he had never trained for those events before. They practiced several times a week at the gym at The Courts. And it paid



off. After all the men had competed, Pete was awarded the Gold Medal in the Master Class at 80 years old, bench-pressing an astonishing 245 pounds! Congratulations, Pete!

The surprising part of this story, however, is what Pete's daughter said when she called to congratulate him. A seven-year-old boy was watching the event on YouTube and told his daughter, "When I grow up, I want to be just like him!" That's really what it's all about — being an inspiration and a blessing to others. ~ Eileen Gilbert-Antoine



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Dinner in a Pumpkin

Autumn is around the corner. A time to gather friends and family and enjoy the lovely fall flavors. Here is a festive dish that celebrates the season and is sure to impress your guests. Not only is it easy to prepare, but it also can be a vegetarian dish by using plant-based meat instead of ground beef. Healthy and delicious. You can't beat that!

Prep Time: 30 minutes; Cook Time: about 1 ½ to 2 hours; Total Time: 2 to 2 ½ hours; Serves 8-10.



INGREDIENTS

- 1 (7 to 9) pound baking pumpkin, such as a Fairytale or Cinderella. NOTE: Measure the height of your oven from the rack to the top to be sure that your pumpkin will fit inside.
- 1 ½ teaspoons kosher salt, divided
- ½ teaspoon freshly ground black pepper, divided
- 1 Tablespoon extra-virgin olive oil
- 2 pounds lean ground beef (92-95%) or plant-based beef product
- 1 cup chopped yellow or brown onion
- 8 ounces fresh cremini mushrooms, sliced
- 2 cloves garlic, minced
- 1 (8-ounce) can sliced water chestnuts, drained
- 2 Tablespoons soy sauce, preferably light soy sauce
- 2 Tablespoons light brown sugar
- ½ teaspoon cinnamon
- 2 cups cooked long-grain rice
- 1 can of condensed soup, either cream of chicken or cream of mushroom

DIRECTIONS

1. Remove all but one oven rack. Place that rack on the bottom third of the oven. Preheat the oven to 350 degrees. Line a 12"x18" baking sheet with foil or parchment paper, set aside.
2. Wash and dry the entire exterior of the pumpkin. Carefully cut a wide lid off the top of the pumpkin by working your knife around the top at a 45-degree angle. Be sure to make the opening wide enough so that it is easy to fill and serve the pumpkin. Slice the seeds and pulp from the lid, and set aside. Scoop out all the seeds and stringy bits from the pumpkin with the side of a spoon until the entire cavity is clean and smooth. Season the inside of the pumpkin and lid with ¾ teaspoon of the salt and ¼ teaspoon of the pepper. Transfer to the lined baking sheet.
3. Place a large skillet over medium-high heat. Add the oil, and when hot, add the ground beef and onion. Cook until the beef is no longer pink and the onion is softened (3-4 minutes). Stir in the mushrooms and cook until tender. Add the garlic and sauté for an additional minute.
4. Add the water chestnuts, soy, sugar, remaining salt and pepper, cinnamon, rice and soup. Mix until well blended.
5. Carefully spoon the mixture into the prepared pumpkin and replace the lid. Bake in preheated oven for 1 ½ to 2 hours until the pumpkin is tender and easily pierced with a knife. Transfer the pumpkin to a serving platter.
6. To serve, either scoop the filling and a generous portion of the pumpkin onto plates or cut the pumpkin and filling into slices (like a cake) and serve each guest a slice.

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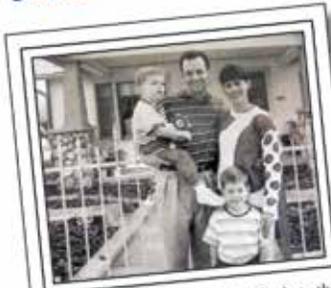


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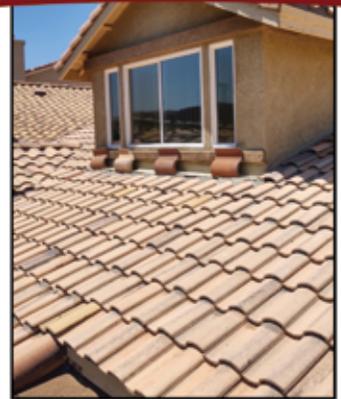


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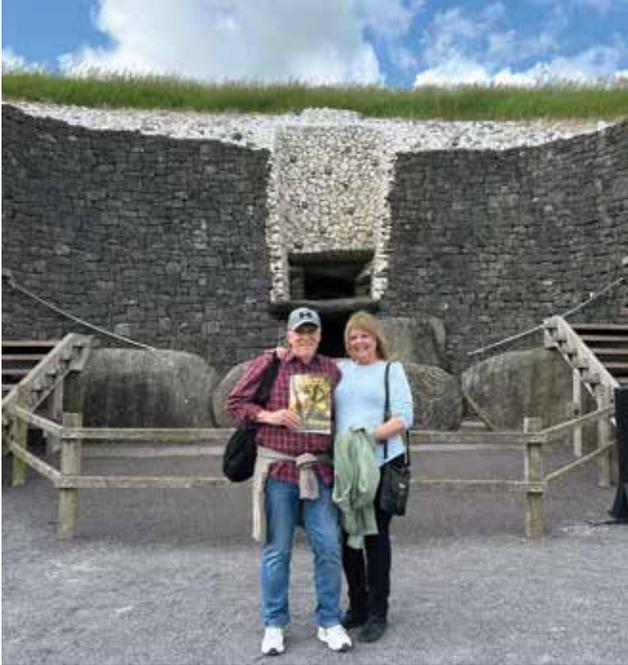
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Oh, the Places We Go!

For this “Oh, the Places We Go!” column, residents may submit high-quality digital photos to FourSeasonsNews@yahoo.com. While not required, we would love to see a copy of the *Breeze* featured with you in the photo of your escapades. It will be fun to see how far and to what exotic places the magazine travels. Please be sure to include information to explain your photos, especially the who, what, when, and where.



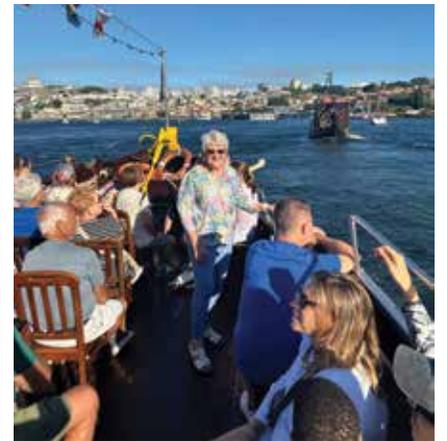
Steve Rutledge and Penny Key moments after exiting the cramped passageway in the neolithic Newgrange burial mound at Brú na Bóinne, Ireland in June.



Trini and Jeanie Velasquez visiting popular Branson, Missouri in the Ozarks, called the Little Vegas of the Midwest



Linda Stratton took a 12-day Portugal Tour with Trafalgar.



Sudoku

7						2	5
2				1			
		4	5			9	3
4		2				7	
1						5	3
		3					4
	6	5			7	3	
				8			1
3	2						9

EASY

			3			4	6
	3		9	8			1
							5
		5	6			7	9
	9	3	2		4	1	
	2						
		7		3	9		4
	6	1			8		

HARD

	4	2				1	8	
				9				6
			6		1		2	
1	6	3			2			
		5				7		
			4			3	1	5
	5		9		3			
7				2				
	2	4				9	5	

MEDIUM

If you are a beginner at playing Sudoku, here is a brief tutorial. Sudoku is played on a grid of 9 x 9 spaces. Within each row and column are 9 squares made up of 3 x 3 spaces. Each row, column, and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column, or square.

If the instructions above are not sufficient, simply Google "Sudoku for beginners." There are loads of instructions from novice to expert.

If you're new to Sudoku or have questions, message us at rwgeiser12@yahoo.com or call (406) 261-3759.

Puzzles created by Ray Geiser. Solutions on Page 73



Four Seasons at the Moon Opening June, 2027

Your Lodge staff (pictured above) is already preparing for YOUR arrival! Mark your calendars for the Ribbon Cutting BBQ & Line Dance Event: June 22, 2027

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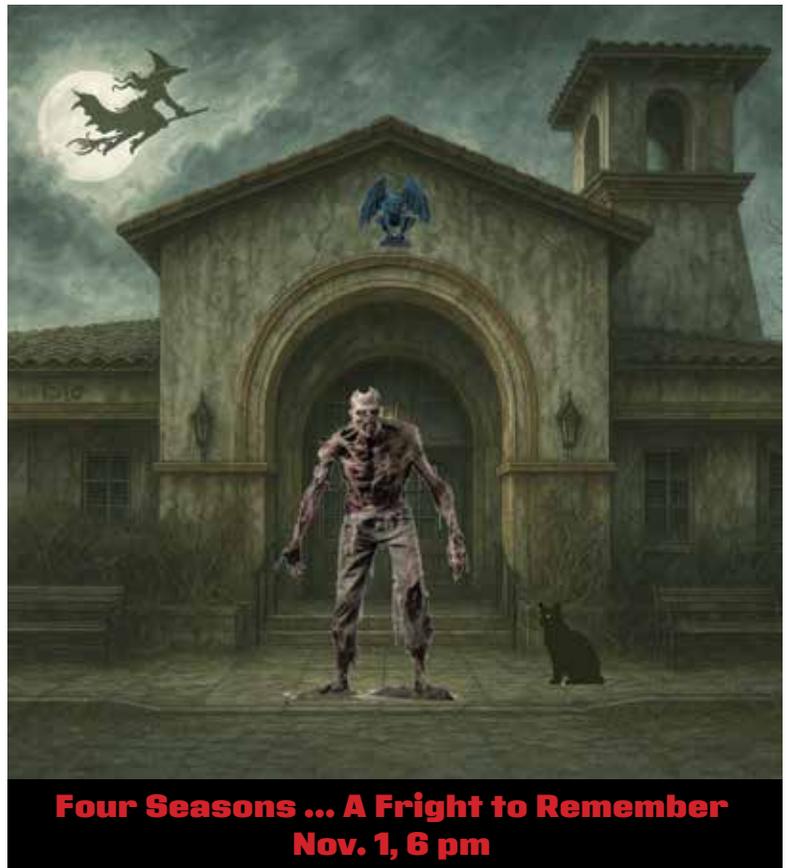
TALENT WORKSHOP & SHOWCASE

The Talent Showcase Players invite you to step inside Four Seasons for A Fright To Remember. If you dare ... save the date (and yourselves!): Nov. 1 at 6 pm in the Haunted Ballroom.

Wear your Halloween costumes (entirely optional, and at your own risk). Bring your grandkids (to hide behind). Bloody-good refreshments will be served, spooky prizes will be won, and a scary "ghost story" awaits you, if you have the courage ...

The monthly meeting and workshop will take place on Sept. 15 at 6 pm in RCN Activity Room #3. The Workshop will continue to explore the world of improv.

For further information, please contact Paula Drake at pdrakelaw@aol.com or John Horning at prestoguy@gmail.com. ~ *John Horning*



**Four Seasons ... A Fright to Remember
Nov. 1, 6 pm**

PERFORMING ARTS CLUB

I hope you enjoyed our last show, Radio Theater style. Our talented members really enjoyed putting on the two-act plays!

Our next show will be in December for the holidays, *It's a Four Seasons Christmas*. Tickets will be available at The Lodge front desk starting Nov. 24.

PAC will be participating in the Four Seasons Community Golf Cart Parade on Oct. 4, starting at 10:30 am. We will be showcasing our past shows, including *Disney*, *Grinch*, and soon, *Charlie Brown!* This may include a truck and a few golf carts. All will be



decorated to highlight our Performing Arts Club's fantastic talents.

Anyone interested in helping with decorations and setups, please contact Karen Belcher at (760) 809-5848.

PAC provides free entertainment to our community with various shows and events throughout the year. All interested residents are welcome. We hold bi-monthly meetings for all interested residents, with no dues required. For additional information about the club, contact Pat Wayne at (949) 290-1811, or email pwayne1@outlook.com. ~ *Marianne Bugni*



FOUR SEASONS SINGERS

Four Seasons Singers are busy learning music for our Holiday Concert on Dec. 19. We are perfecting some beloved carols and are also learning new music, including "Christmas on Broadway." Please mark your calendar for Dec. 19 for the Evening of Music with the Four Seasons Singers and the Four Seasons Handbell Choir.

You do not need to read music to sing with us. We will teach you. If you would like to join the Singers, would like to be included in my email list, or if you have questions about the Four Seasons Singers, call (951) 797-3466 or email me at bawasco@dc.rr.com. ~ *Barbara Wasco*



AMPHITHEATER

It's time for the 20th anniversary Grand Finale Amphitheater concert. It promises to be one to remember. The Amphitheater team is proud to present "The Greatest Show That Never Was." The Beatles versus the Rolling Stones. The Beatles are represented by Sgt. Pepper, and the Stones by Jumping Jack Flash — both premier tribute bands.

This electrifying battle of the bands showcases the greatest hits from these legendary groups, pitting The Beatles and The Rolling Stones in an unforgettable musical showdown. Will the Amphitheater audience favor the sharp-suited Beatles tribute, Sgt. Pepper, performing their Ed Sullivan Show classics? Or will they be won over by the colorful Sgt. Pepper and authentic Abbey Road era performances?

Then again, Jumping Jack Flash might steal the show with their authentic 1960s mod fashion and explosive performances of The

Rolling Stones' phenomenal catalog. The real winners are the Amphitheater audience members, who are transported back to the golden age of rock and roll through this remarkable show.

The evening will be enhanced for those residents who sit up on the lawn. We will have our large movie screen set up on the lawn and will telecast the concert on it.

Who will you cheer for? The four "mop tops" from Liverpool or those "hard rocking" lads from London? Maybe both? Gather your friends and neighbors and come see the "Stars Under the Stars" on Sunday, Sept. 21 at 7 pm.

Residents may put out their chairs on Saturday, Sept. 20 after 6 pm. Blankets should NOT be put on the ground, and glass bottles must be covered. The Bistro will be selling hamburgers, hot dogs, and drinks. ~ *Mark Lassen*



OLD SCHOOL DANCE

Step back in time and groove to the classic beats with us! This club brings a nostalgia-packed evening filled with music, movement, and memories from days when we were young with music from the 70s!

Join us on the fourth Thursday of every month at The Lodge Ballroom from 3 to 5 pm and let the good times roll. We will also educate you about the history of those old-school songs we all know and love. It's not only about dancing and loving every minute, but also it's about understanding the roots and stories behind the music that shaped an entire generation. For more information, contact Willa Harris at (951) 550-3453. ~ *Willa Harris, willaharris89@gmail.com*



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JEWISH CULTURE CLUB

Popcorn and Laughter: PG-55

Come join us on Sunday, Sept. 14 for a hilarious movie and social event featuring your favorite Jewish Comedians. We will be presenting two movie showings: The first showing will be from 12 to 2 pm. Refreshments follow in the Game Room from 2 to 3 pm. The second showing will be 3 to 5 pm.

We will only be able to accommodate the first 23 people per showing, which is why we will be playing the movie twice.

Popcorn will be offered during each of the movie showings.

Next, we'd like to invite you to learn about and celebrate the wonderful holiday of Sukkot. We will have goodies to eat as well as share two showings of a hugely impactful documentary called *October 8th*. The tickets are \$1 each and will be available starting Sept. 8. For more information call Sandi Barletta at (408) 655-9491.
~ Sandi Barletta

TAILS & TRAILS - ALL PETS



Party with a fun multi-media game night of music. Join us Friday, Sept. 26 from 6 to 8:30 pm in The Lodge Ballroom. Compete as a group against other tables, to name a variety of rock and pop songs with animals in the title from visual clues and music clips.



Tails & Trails Presents
Name That Tune!
Animal Style

Donations will be accepted, and appreciated, to fund the Four Seasons Tails and Trails animal recovery and rescue efforts.

Trophies will be given to the winning table and there will be free raffle prizes.

Bring your favorite beverage and human best friends. ~ Vivian Walker, viv@sbcbglobal.net



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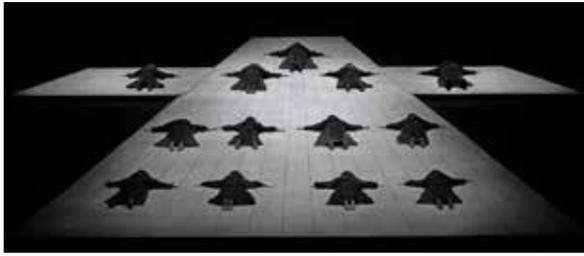
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Dialogues of the Carmelites



Isobel Leonard as Blanche de la Force



The Bayadere Golden Idol

OPERA CLUB

On Sept. 12, the Four Seasons Opera Club presents Poulenc’s “Les Dialogues des Carmelites” in The Lodge Theatre. Francis Poulenc’s 1956 opera, based on a novel by Gertrud von Le Fort, tells the story of the martyrdom of the Martyrs of Compiègne. 16 women – 11 nuns, three lay sisters and two tertiaries were guillotined in 1794 – at the end of the French Reign of Terror – for refusing to deny their religious oaths. On July 17, 1794 they were taken to what is now the Place de la Nation in Paris’ 12th arrondissement to be executed. The youngest sister, Constance, was the first to walk to the guillotine. She began chanting the Laudate Dominum but was cut short by the whine of the guillotine blade. Each sister in turn were silenced in the same way. The order prioress, Mother Teresa, was the last to succumb.

Poulenc’s opera creates the character, Blanche de la Force, the timid daughter of a French nobleman. In our story she joins the Carmelite order to escape the fear and anxiety of Paris in the grip of the Reign of Terror. Towards the end of the opera the nuns vote as a group to become martyrs to uphold their religious vows. Blanche runs away from the convent, but an otherwise

unanimous vote is achieved. Other differences introduced by Poulenc are that Constance, Blanche’s friend in the convent, is seemingly the last to be executed. As she awaits her turn to walk to the blade, Blanche arrives to offer herself up, joining her sisters. Blanche watches Constance sing Salve Regina as she walks to her death and then calmly follows.

In a modern frame of reference, I can clearly see the influence of “Les Dialogues des Carmelites” on Sarah Polly’s feminist masterpiece, “Women Talking.” One thing is sure, you’ll never sing the Salve Regina the same again.

Our ballet offering on Sept. 19 is one of the most celebrated works in all of classical ballet, “La Bayadère.” It was an immediate hit for choreographer, Marius Petipa, and composer, Ludwig Minkus. Our production is from a 1991 Royal Ballet offering with updated choreography by prima ballerina assoluta, Natalia Makarova and features Darcey Bussell as Gamzatti.

See you at the opera and/or ballet! ~ *Harvey Toyama, admin@fsbopera.org, (951) 524-3765*

CLASSICAL MUSIC CLUB

We are classical music lovers with an interest in sharing our love of, knowledge about, and interest in, classical music. We meet on the second Thursday of each month at 7 pm in The Lodge Theater. We listen to and watch musical selections on the big screen. Each month we focus on a particular work or several selections of one composer. We also discuss current musical performances in the area. We welcome new members. Contact Steve Benoff at steve.benoff@verizon.net or (310) 413-4896. ~ *Steve Benoff*



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SEASONED SINGLES

In July, the Singles ventured out and enjoyed a number of fun outings including lunches at The Haus Bistro and BJ's. They also saw fabulous productions of *The Music Man* at LifeHouse Theatre and "Joseph and the Amazing Technicolor Dreamcoat" at the Redlands Bowl. Many more activities are on our "to do" list so if these sound like activities you'd enjoy and you're single, we'd love to see you at one of our future meetings. We meet on the first Friday of the month at 6 pm in the RCN building. For more information, please contact Sue Torkington, (860) 712-3430. ~ **Phyllis Kates**



The Seasoned Singles visited one of their favorite lunch spots, BJ's in San Bernardino.



The Seasoned Singles attended the Redlands Bowl's summer production of "Joseph and the Amazing Technicolor Dreamcoat."



The Seasoned Singles again attended the San Bernardino Symphony's "America the Beautiful" concert on the San Bernardino Valley College's football field. This annual concert is always popular and features a great fireworks display finale while the Symphony performs the 1812 Overture.

TRAVEL GROUP

Join us for exciting updates and events! We are thrilled to announce an exciting addition to our upcoming meeting on Saturday, Sept. 20. Curry Stevens from Seven Wonders Travel Agency will be our guest speaker, bringing with him a wealth of knowledge and enticing travel opportunities for our group. Let's give him a warm welcome and make his visit memorable!

Please note that due to an event in the Ballroom, our meeting venue for this month will be the RCN. Rest assured, we've made all necessary adjustments to ensure a seamless experience for everyone attending.

In other news, as many of you know, Four Seasons will be celebrating its 20th anniversary in October with a spectacular parade during the first weekend of the month. We are thrilled to announce that our Travel Group will be participating with our very own motorcoach entry. To make this event truly memorable, we invite all members to join us in decorating the coach. Bring your creativity and a pair of scissors to our upcoming meeting, where we will be cutting out dozens of circles to adorn the bus. If you have any pictures or designs to contribute, please bring them along – let's show Four Seasons how we can go big and celebrate in style!

We look forward to seeing everyone at the meeting and making these upcoming events a great success. Together, let's continue to explore, discover, and create lasting memories with our Travel Group.

We also have our trip to Julian on Thursday, Sept. 18; come join us for a trip to this historical little town and revel in its history.

Call Joni at (661) 390-5512 or email jonitruelsen@yahoo.com for info or reservation on any trip.

For membership questions, contact Irene at irenewelker55@gmail.com please include your phone number. ~ **Joni Truelsen**



Travel Group celebrates Joni Truelsen's 80th birthday

CARS & COFFEE

The Aug. 2 Cars and Coffee gathering went on as usual, handled by Vice President Rick Morales, with more than 15 cars and proud owners attending. I was unable to attend because Rocky Shaw and I were invited to a private showing of the Galpin Motors Custom Auto Museum, held at the Galpin Speed Shop in Van Nuys. Curator Dave Shuten was on hand to greet us and answer any questions. The museum is by invitation only and not open to the public. It features displays by famed automotive design legends such as Chuck Barris, Ed “Big Daddy Roth,” and many more. It was pretty cool seeing the “Rat Fink” display, Elvira’s 1958 custom T-Bird, The Batmobile, The Mysterian, Munster Mobile, and other automobiles we grew up watching on TV shows and building in model form.

Our Veterans Car Show is scheduled for Nov. 8. We are in the process of planning the event. If anyone would like to suggest something different from last year’s show, please contact me by phone or email.

Please join us for our next meeting on Saturday, Sept. 6, at 9 am in The Lodge parking lot for some coffee and donuts and great conversation with other car enthusiasts. Looking forward to seeing you there. If you’ve never attended our gathering, please join us — there is NO membership fee or other fuss. Just show up! The ladies are more than welcome to attend.

For more information, please contact Frank Morales at (951) 203-4578 or fmoralesjrinc@aol.com, or Rick Morales at (951) 255-4710 or onemnth53@yahoo.com. ~ Frank Morales



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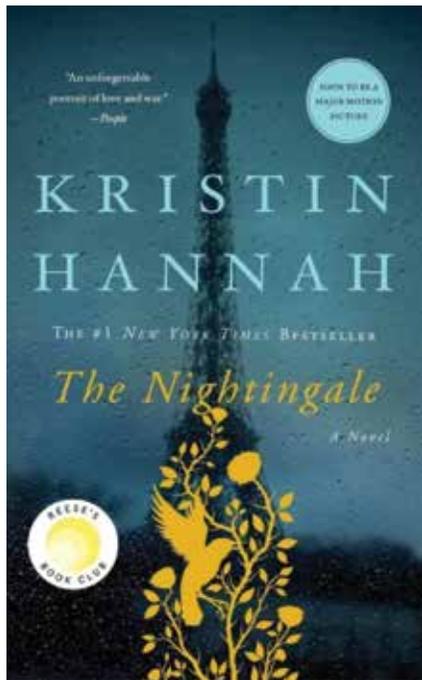
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BOOK CLUB

Our Book Club selection for Sept. 9 is *The Nightingale*, by Kristin Hannah. Here is a brief description from Amazon.com: “With courage, grace, and powerful insight, bestselling author Kristin Hannah captures the epic panorama of World War II and illuminates an intimate part of history seldom seen: the women’s war. *The Nightingale* tells the stories of two sisters, separated by years and experience, by ideals, passion and circumstance, each embarking on her own dangerous path toward survival, love, and freedom in German-occupied, war-torn France — a heartbreakingly beautiful novel that celebrates the resilience of the human spirit and the durability of women. It is a novel for everyone, a novel for a lifetime.”

Our meetings are held on the second Tuesday of each month at 9:30 am in the RCN, Activity Room #3. All our book selections are recommended by book club members. Someone volunteers to lead the discussion about the book we have chosen for the month.

For more information or to get your name on our mailing list, please contact me at michelesrosen@gmail.com. ~ *Micki Rosen*

BIRDING CLUB

Whether you consider yourself an avid bird watcher or not, you have undoubtedly noticed an abundant population of large black birds here at Four Seasons. What are they? Are they crows or are they ravens? Actually, both the American Crow and the Common Raven are year-round residents of our area.

If you were to see them side by side, you could easily tell the difference between the species because the raven is much larger than the crow and has a more robust beak. To identify these birds in flight, look first at their tails. The raven has a wedge-shaped tail, while the crow’s tail is straight across. They also differ in their flight patterns. Ravens like to soar. Sometimes they are acrobatic in the air, doing rolls or somersaults. Young ravens may also play in flight by dropping a stick and diving to catch it. Crows, on the other hand, will coast with their wings in a slight V, but they commonly flap as they fly. On the ground, both ravens and crows walk, but the raven does a hop every so often. Crows do not hop.

Crows are more social than ravens. Crows may gather in large numbers in roosting areas and may flock together throughout the day. Ravens are more likely found in pairs or small family groups.

Whether the birds you are seeing are crows or ravens, they are among the most intelligent creatures on earth. Scientists say that both crows and ravens are about as smart as a seven-year-old child in terms of problem-solving ability and use of tools. They are capable of understanding abstract concepts and have the ability to adapt to new situations. These birds also learn by observing human behavior and pass their knowledge to their offspring and other members of their community.

Crows and ravens are able to recognize individual human faces.



They will hold a grudge against a person perceived to have been unkind to them. Likewise, they will remember a good deed done on their behalf and may reward it by leaving a “gift” of some type.

This just scratches the surface of the behavior of these fascinating birds. The more you learn about them, the more you realize that their unique characteristics set them apart in the animal kingdom.

The Birding Club walks the trails as a group on the first Saturday of the month. We gather at 8 am by the Potrero Creek sign at the edge of The Lodge parking lot. We walk at a leisurely pace, taking time to see as many species as we can. Please feel free to join us. We love to see new faces. If you have any questions, please call or text me. ~ *Genie Cooper. (269) 930-0310*

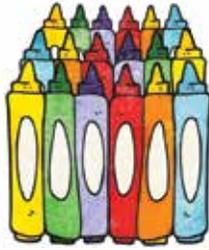
FS VETERANS CLUB

For the generations now living in Four Seasons Beaumont, one event in their lifetimes will always be remembered by all. It is branded with three numbers: 9-11. It is our Pearl Harbor that guided our parents lives and reminds us of the meaning of sacrifice for our values and obligations as Americans. For veterans it is both personal and public. Most of us remember watching it unfold live on television knowing many would be called or recalled in response. ~ *Len Tavernetti, ltavernetti@hotmail.com*



TOPS

Why would a weight loss and healthy living group spend time coloring? Well, the TOPS (Take Off Pounds Sensibly) group has started another challenge. This one involves tracking our successes by coloring various vegetables, each worth one point. This challenge is a bit more difficult than previous ones because it requires us to do healthy activities three or four times more than before. We have four weeks to complete it. We also spent a week discussing different types of stomach surgeries, examining the pros, cons, and successes of each. We found that we learned a lot, and most of us would choose not to try surgery, although it



can be very effective if dietary guidelines are followed. Additionally, we dedicated a session to exploring the “WHY” behind our plan to lose weight. It’s important to remember why we started this journey and keep that goal in mind. Finally, we discussed sugars and sweeteners, looking at facts, studies, and myths. We discovered that often there are other options that can substitute for the sweet taste we crave.

You might find that a group like TOPS can help you too. We meet on Tuesday at 8:30 am in the Ballroom. For more information, call Andi Henderson at (918) 497-6491. ~ *Andi Henderson*

TASTE D’VINE

I wanted to take a moment to thank everyone in attendance at our July meeting. The feedback I received was very positive. Everyone enjoyed the presentations as well as the wines. Thank you for your attention and for maintaining a respectful silence during the presentations.

Our next meeting is Thursday, Sept. 18. Doors open at 5:15 pm. Bring the usual – two glasses, a bottle of wine, and a little something to share with your table.

We welcome back Heidi Daniels from Michael David Winery. She will have a great line up of wines to taste and purchase. She never disappoints us. The wines she brought for our July meeting were truly out of this world! IYKYK

Rich Gabriel will talk about wine and food pairings that will enhance any dinner or occasion, whether you’re hosting a formal event or enjoying a casual meal at home. I’m eager to discover the delicious pairings Rich will share and look forward to learning new ways to elevate any meal.

Tim Danson (not Ted) will take us through his incredible 50-year career with Channel 7 ABC News in Southern California. He was a cameraman and has some intriguing stories to share with us. Not sure if he will tell all, but at least he will tell some of the stories.

Looking forward to trying Heidi’s wines this month. See you there. ~ *Tom DePaola, tomdepaola@roadrunner.com, (714) 404-1956*

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RAINBOW GROUP



This month our selection for the Famous LGBT Americans series is Robin Tyler, the first lesbian or gay comic to come out on television. This occurred in 1978 on a Showtime special hosted by Phyllis Diller.



Tyler (née Arlene Chernick) was born in Winnipeg, Canada. In 1962, at age 20, she moved to New York. She began a comedy duo with her then-girlfriend, Pat Harrison.

Regarding the Stonewall Riots, Tyler later said, "That's when Robin Tyler the activist was born." She used comedy with her activism: "When I speak at the marches, I always do humor first

and then I do a speech. ... The comedy disarms people. Humor is the razor-sharp edge of the truth. It's pain and anger made funny."

Tyler and Harrison experienced violence. Once, at The Troubadour in West Hollywood, a waiter attempted to stab them with a knife. In New Zealand, an individual shot at them in a hotel.

Tyler became a U.S. citizen to go to Vietnam with the USO. Describing her 1970 show with Harrison, she said, "We drew

huge crowds because there were so many gay people out there. And they knew we were gay." Tyler and Harrison separated in 1974 but remained close.

Tyler produced and emceed the first National March on Washington for Lesbian and Gay Rights in 1979 (which drew 100,000 people) and other marches in 1987 and 1993.

In 2001, Tyler and Diane Olson sued the state of California for the right to be married. After seven years, they won their lawsuit and became the first lesbian couple to be married in Los Angeles.

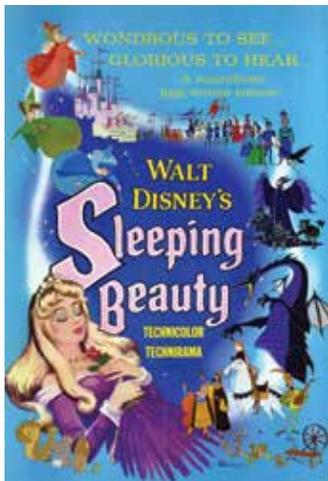
In an article in *GOMAG* dated March 15, 2025, Tyler expressed her views on being lesbian: "I never was in the closet, ever, ever. I didn't come out because I wasn't in. I've had a magnificent life. I always say, if I weren't born gay, I would have chosen it ... because it gave me a chance to have a free life, to choose what I wanted to be."

Tyler is 83 years old. Olson died in 2019. They were together for 25 years and lived in Los Angeles.

For more information and for the sources for this article, please go to the Rainbow Group's Facebook page or request a copy via our email (rainbowgroup@myyahoo.com). The locations and times of Rainbow Group events are available via our Facebook page or email.

~ Dan Hazeltine and Frank Galvan

CLASSIC FILM GROUP



The Classic Film Group presents a special event featuring the making and screening of Walt Disney's 1959 animated classic *Sleeping Beauty*. It bears the distinction of being the first to be shot in 70mm widescreen format. The score borrows much from Tchaikovsky's classic ballet based on the Brothers Grimm tale. The art is beautiful, inspired by medieval art. The curse is cast ... the magic is real ... and one kiss will change everything! Fall under the spell of *Sleeping Beauty*, the ultimate princess fairy tale that is now part of the acclaimed Walt Disney Signature Collection. Showing at The Lodge Theater on Sept. 23 and Oct. 7 at 6 pm.

The Wednesday Western Matinee showcase *Firecreek*. This is the story of the farmer/sheriff (James Stewart) who'd faced one gun too many ... As a peace-loving, part-time sheriff in the small town of Firecreek, he must take a stand when a gang of nasty outlaws takes over his town. This showing will be on Sept. 10 at 2 pm at The Lodge Theater. ~ Paul Plamondon, Aseasonsmoviegroup@gmail.com





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AFRICAN AMERICAN CULTURAL CLUB



The Chappie James Story

Born Feb. 11, 1920, in Pensacola, Florida, Daniel “Chappie” James Jr. was the youngest of seventeen children. His mother, Lillie Anna Brown, a high school teacher, home-schooled Chappie and other neighborhood children. Fascinated by airplanes from an early age, Chappie worked odd jobs at Pensacola Naval Air Station for airplane rides, dreaming of becoming a pilot.

In 1943, he earned his wings and was commissioned as a second lieutenant in the U.S. Army Air Forces, which later became the U.S. Air Force. After graduating from Tuskegee University, James trained pilots for the all-black 99th Pursuit Squadron during World War II, paving the way for the famed Tuskegee Airmen. As a decorated fighter pilot, James flew over one hundred combat missions in the Korean War earning the Distinguished Flying Cross in 1950 for leading the P-51 Mustangs close air support mission.

In 1967, during the Vietnam War, James became the Vice Wing Commander of the Eighth Tactical Fighter Wing, nicknamed the “Wolf Pack.” Alongside Wing Commander Colonel Robin Olds, the two were known as “Blackman and Robin.” James flew 78 combat missions into North Vietnam and, with Olds, masterminded Operation Bolo MiG Sweep, one of the most successful air operations of the war. These missions cemented James’s legacy and the Wolf Pack’s reputation.

James flew over 500 combat missions. His superior performance and diplomatic skills led to his promotion to Brigadier General in 1970. On Sept. 1, 1975, Daniel ‘Chappie’ James Jr. made history, becoming the first African American of any military service to achieve the rank of four-star general.

After dedicating 35 years to service, General James passed away from a heart attack on Feb. 25, 1978. He was 58 years old, and less than a month into his retirement. He was buried with full honors at Arlington National Cemetery.



In 2020, the Pensacola Bay Bridge was renamed the General Daniel “Chappie” James Jr. Bridge in his honor. His childhood home is now on the National Register of Historic Places. The home houses the General Daniel “Chappie” James Jr. Museum and is located next to the Chappie James Flight Academy.

Jazz Under the Stars is a free event on Saturday, Oct. 11.

The next AACC meeting is on Monday, Nov. 3 at 6 pm in The Lodge Game Room. No meeting in September. For more information, contact Jocelyn Doucette at cjs1speed@gmail.com. ~ *Regina Thomas*



Joyce Allen's 80th Birthday - Mardi Gras Theme. L-R: Connie Bowen, Thelma Towner, Jocelyn Doucette, Joyce Allen, Anita Worthen, Beverly Blackshear, and Renee Pilson

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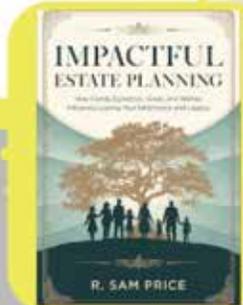
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CROWN DIVAS FOUR SEASONS

Venture out on a warm, sunny day riding a train to San Juan Capistrano. If you asked a Crown Diva what the July event was, you'd get different answers. Some would call it an excursion, others might call it a journey, some might say an expedition, and others a day trip. The destination was San Juan Capistrano. The fun began on the train with snacks and drinks. We played Bingo and were having such a good time that other passengers asked the Queen if they could join in. Fourteen Divas arrived and split up to explore different places. Some of us enjoyed a meal at a nice restaurant and shopped at stores with red and purple attire. Others visited souvenir shops and antique stores. Some explored the Mission Basilica San Juan Capistrano. There was a restaurant with a live band, and some of us enjoyed the music and danced together. The band noticed us wearing red hats and was very gracious. Still, the Divas want to share how we felt about our July event — we all agree it was memorable. ~ *Irma Romero, (626) 733-3019, Irmabromero@gmail.com*




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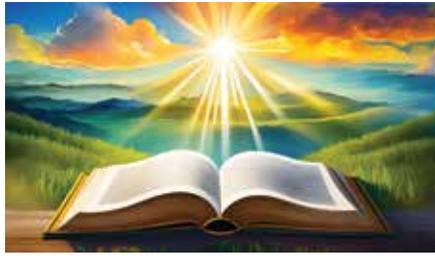
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“BELIEVE ...” WOMEN’S BIBLE STUDY

Hey, all you amazing Four Seasons women! If you haven't already joined “Believe...” Women's Bible Study, now is the time! In August we finished up the study of 1 Samuel and will begin 2 Samuel in September. Second Samuel covers King David's reign over Israel, his military prowess, the establishment of Jerusalem as the capital and the return of the Ark of the Covenant. This book showcases David's leadership, morality and divine intervention. Since we are told in Scripture that David was a “man after God's own heart,” [1 Samuel 13:14] the question remains as to how this could be when David committed murder and adultery. We will discuss the obvious answer as we study this amazing man



chosen of God, and how he expressed himself in the Book of Psalms (over half of them written by David). Also we will discuss and understand the Davidic Covenant, its importance, and why Christ was referred to as the “Son of David,” which we encountered often in our Synoptic Gospels study the first part of this year.

We meet every Friday at 10:30 am in The Lodge Game Room. This is a non-denominational study, and any version of the Bible is acceptable. Come join us! ~ *Eileen Gilbert-Antoine, (951) 922-6829 or egcellent@msn.com*

LIFE AFTER LOSS

“The Nature of Healing”

Healing is a gradual process of integrating the loss of your loved one into your life (as it is now) and learning to live with a “new normal.” It does not mean forgetting. However, it does mean recognizing the important roles that time and patience play in bringing the grieving process to a degree of resolution. Some key points:

Mourning versus grief. Mourning includes the outward expressions and adaptations we make after a loss (crying, rituals). Grief, on the other hand, consists of the internal thoughts and feelings we experience following a loss (loneliness, despair, anger). Essentially, grief is what you feel; mourning is how you express it. The inner work of processing our feelings is often difficult and painful.

Grief is not a wound to be healed. Grief is the process of making sense of your loss and navigating your emotions in a world that no longer includes your loved one. Like fingerprints, your individual journey is unique.

Self-care is essential. Taking care of your physical and mental well-being through simple daily practices is foundational. Daily routines such as exercise, healthy eating, and adequate sleep help build resilience during the grieving process. Like a muscle, resilience must be developed.

The passage of time is not enough. While the intensity of grief may diminish over time, healing requires active effort. This involves engaging in coping strategies, seeking support, and allowing yourself to process emotions.

Finding meaning is key. As the grieving process unfolds, many find it helpful to search for meaning in their loss. This may involve reflecting on lessons learned, valuing what remains in life, or finding ways to honor the memory of your loved one through ongoing actions or tributes.

Social support is crucial. Connecting with others — friends, family, support groups, or therapists — helps reduce feelings of

isolation and eventually provides a safe space to share emotions and memories.

The Life After Loss Group focuses on “people helping people” who have experienced any form of grief or loss. If you desire a deeper understanding of what it means to live a more meaningful “life after loss,” we invite you to join us.

Unless otherwise notified, we meet on the first and third Mondays of each month from 1 to 3 pm in RCN Activity Room #3. All information is kept confidential.

If you have experienced a form of grief or loss and would like to join the group, please call or text Byron Thomsen beforehand at (909) 936-7097, or email him at byron.thomsen@yahoo.com. ~ *Byron Thomsen*



PHOTOGRAPHY CLUB

Our in-person meeting topic in August was “What’s in Your Bag.” Besides cameras and lenses, what is important, what is handy, and what are “gotta haves” to take on photo outings? Important items include extra batteries, memory cards, and lens cleaners. Handy items are a plastic bag, a cable release, or a flashlight. The “gotta haves” might be water and snacks. We enjoyed seeing what each of us brings on different photo outings.

And what about those photo outings? The summer heat has limited our excursions, but the cooling weather will bring many opportunities to visit gardens, preserves, and events. Scheduled so far are the San Jacinto Wildlife Preserve in December and the San Diego Safari Park in February. Other destinations through fall and winter will include Powwows, Big Morongo, Joshua Tree, and the Living Desert.

If you want to share your love of photography, please join us. We meet on the first Thursday of each month from 6:30 to 8:30 pm in the RCN Main Room. Photographers of all skill levels are welcome. Cell phone users are welcome — many photo and editing techniques can be incorporated into cell phone photography. Sometimes, the cell phone is the best option, and as phone applications improve, the options for creating beautiful images increase.

If you have questions or want to have your name added to our mailing list, please contact jacquesneddon@gmail.com.

~ *Jacque Sneddon*



Oak Creek outing: Paul Plamondon, George Meister, Jacque Sneddon, Howard Levine, Warren White, Mel Moncrieff



Bee's Butt. Photo by Mel Moncrieff

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MIXED MEDIA ARTS

This is the perspective of the artist of the month, Kitsy Anderson.

“Art is an avenue to be creative and learn new media and techniques. We were given a challenge in class to try a Japanese style painting/drawing. This style uses watercolor and often includes the use of ink. Because of this class, I have been experimenting with watercolor. When I saw this photo I was instantly inspired by the woman, her beautiful kimono, and her grace. So, I chose her as my subject. I have never used watercolor to paint a person before and found several challenges. It was obvious to me that I had to overcome them with guidance from Rob and the other students. The suggestions helped a great deal. I enjoy learning from him and our class members, who share things they’ve already learned. Rob has a wealth of knowledge. He shares ideas and helps us to learn to ‘look and observe’ the world around us. The class is so supportive and a wonderful place to combine creativity with learning, growing, and expressing yourself through art.

“You will improve your skills, whatever level of drawing and painting you have. Come join us. You’ll become part of our art family and have an opportunity to make new friends.”

Classes are held on Mondays and Fridays from 10 am to 12 noon. If you have any questions, call Rob at (951) 992-9156. ~ **Rob Kelman**

CERAMICS CLASS

Fall is approaching with a whisper in the air around us. Therefore we need to break away from our safe leisurely pace and gear up for the holiday season! Yes! How did this creep up on us SO FAST? With that in mind, how about stimulating your creativity with a ceramics class for an early start on holiday gift giving? We have all the supplies needed, fun-loving teachers, music, and some interesting stories while we paint. Please join us every Wednesday from 12 to 4 pm in the Arts & Crafts Room. The door is always open. The chairs await you and you will have some good laughs. For more information, contact Loretta Ramsey at (714) 803-6744. ~ **Karen Reed**



This beautiful vase was created by Joanne Stigerts.



Karen Reed made this music box for a soon-to-arrive great-granddaughter.



Pat Spinosa with grandson Giovanni painting his first teapot.

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HEALTHY CRAFTING

Please join us for Healthy Crafting Classes: Create, Relax, and Enjoy. Take a break from the heat with some cool fun. Imagine crafting your own soothing spa products, designing a unique piece of jewelry, or painting a mandala rock to bring mindfulness into your space. At Healthy Crafting, you can do all this and more. Held on the first and third Tuesday of every month from 1 to 3 pm in The Lodge Arts & Crafts Room, this hands-on workshop is perfect for anyone looking to explore their creativity while making sustainable, healthy products. Classes are \$20 (cash) with all materials and instruction included.

Crafting isn't just about making something beautiful — it is a form of self-care. When you create with your hands, you engage your mind, relieve stress, and boost your overall well-being. That's why Healthy Crafting focuses on projects that nourish both body and soul. This month we will be making canvas poolside bags, customized perfume, a favorite, mandala rocks, and more!

If you love artistic expression, try your



hand at designing jewelry, painting intricate mandala rocks, or, if you're just into trying new things, this is the place for you. Whether you're a seasoned crafter or a total beginner, this class is designed for all skill levels — no experience needed. Instruction and all supplies are included, so you only need to bring your enthusiasm and a friend or two.

One of the best parts of Healthy Crafting is the sense of community it fosters. You will meet like-minded individuals who share an appreciation for handmade, eco-friendly creations. There's something truly special about learning a new skill together, sharing

ideas, and leaving with a finished piece that reflects your personality. AND FUN!

So why not take a break from your usual schedule? Come unwind, get creative, and make something you'll love. Join us at Healthy Crafting and experience the joy of creating with intention!

For more information, call Barb Toyama, owner of Banning Bath And Body, at (909) 855-3842. The sign-up sheet located on the credenza, just outside The Lodge Theater. We look forward to crafting with you! ~ *Barbara Toyama*



KNIT & CROCHET GROUP

We meet on Tuesdays from 10 until 11:30 am in the Arts & Crafts Room. We welcome all levels of knitters and crocheters to join us. We also welcome anyone who is interested in learning how to knit or crochet. Please email me if you have any questions. ~ *Marlene Doyle, marlened3333@gmail.com*

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CRAFT GROUP

This is the time to get creative with making holiday crafts. We make it easy for you. No experience? We give you encouragement and help you every step of the way. Our group comes up with fun projects for the month, then we send out an email to you listing the project(s) we will be working on with a supply list of items you will need. We meet every Thursday at 10 am in The Lodge Arts & Crafts Room. Come join in the fun. ~ *Christi Mason*

QUILTING ENTHUSIASTS

September is here, and the 20th anniversary of Four Seasons at Beaumont in October, followed by Halloween, the ‘fall back’ time change, Thanksgiving, Christmas, and 2026! I can’t believe 2026 is not too far away. Where has this year gone? Our quilting enthusiasts welcomed a new member last month, Mary Mortson.

We had a wonderful “Get to Know Your Sewing Machine” class with five amazing women. In this class, we covered thread, needles, the do’s and don’ts of cleaning, and how the tension works. Thank you, ladies, and I sincerely hope you enjoyed the class.

At the monthly meeting, we discussed how we can best support our community with donation quilts and our own Four Seasons clubs with raffle quilts, such as the Veteran’s Day raffle quilts our ladies have made over the past several years for the “Cars & Coffee” car club. If you’ve recently lost a loved one and have all of their shirts, sweaters, blouses, T-shirts, or baby clothes, and would love to have

a “memory” quilt made, please contact me. I will provide the name and phone number of one of our talented members. I recently had a memory quilt made for my daughter and granddaughters after their dad passed away from glioblastoma brain cancer. The quilt is shown below.

When you read this article, remember there’s a “hands-on class” with your sewing machine on Sept. 11, starting at 9 am. Bring your machine, basic sewing supplies, and come learn a technique many years ago was done by hand: Cathedral Windows. Please RSVP to marymoodycox@gmail.com. Put in the subject line: Cathedral Windows. Kits will be provided, and remember, this is a free class.

See you on Sept. 11 — our regular meeting time is at 1 pm. The hands-on class is at 9 am. ~ *Mary M. Moody-Cox, (808) 430-7469, 4seasonsquilters@gmail.com*



Our newest member, Mary Mortson, with her first quilt block, Card Trick.



Jeri Sorensen with the memory quilt she made for Mary’s daughter.



Susan Hagerman with her Crazy Quilt.

TABLE TENNIS

Fall is in the air and so is table tennis! The seasons come and go but table tennis continues six days a week with a total of 312 days of play. It has been at Four Seasons for 17 plus years. It never changes — only the players do. We are a friendly, energetic group of players and look forward to seeing new faces. Come on over to The Courts on any day Monday through Saturday from 2 to 4 pm and see what the excitement and fun is all about. You may decide that Ping Pong is the perfect exercise for you! For more information, contact Mary Baer. ~ *Mary Baer, baerhuggy@icloud.com*



BOCCE BALL

Bocce Ball is played at The Summit twice a week. Scheduled times are Tuesday and Friday at 8 am. Summer is here and our start time is earlier. Interest is steadily increasing as new players try this game. We've been having good turnouts even as the weather warms up.

Thanks to everyone for your continued support of our group.

Bocce Ball requires no special skills and everyone is welcome. If you have any questions, contact me at (840) 234-6494 or email me at hanknegrete16@yahoo.com. ~ *Hank Negrete*



Our Wednesday paddle tennis group playing and enjoying social hour

PADDLE TENNIS

Once again Paddle Tennis members will be participating in our FSB Sr Olympics. We have teams in Men's and Women's doubles along with Men's and Women's singles. This will be filled with lots of fun and competitive teams. Games will be held on Sept. 6 starting at 8:30 am. Members participating are Lizzie, Josie, Bernadette Chance, Laura Burton, Laura Emerson, Tracy Mahan, Beverly, Howard, Stan, Richard, Robert, Tracy Maxwell, Steve, Perry and Hailu.

Membership is not required to play paddle. Come over and we will get you checked out on the game and you can play on your own time. One group plays on Wednesdays at 5:30 pm and we gather for a social hour after play is over. Others play various week and weekend days. We know if we have enough players via WhatsApp. If you'd like to join us let me know and we can add your name to the app. We would love to have you join us. ~ *Lizzie Gallegos, ecgallegos@outlook.com*

LAWN CHAIR VOLLEYBALL

The weather may be hot, but the lawn chair volleyball action is chill. We play volleyball on The Lodge lawn area between the pickleball and paddle tennis courts on the second and fourth Thursday of every month. We will begin play in the late afternoon from about 5:30 pm until sunset.

All you need to play the sport of lawn chair volleyball is a sturdy lawn chair and a desire to laugh with your neighbors at Four Seasons Beaumont. Our club has only two rules: you can't get out of your chair during play, and you MUST HAVE FUN.

If you're looking for a club where you can partake in a bit of friendly competition with very little physical exertion, come check us out. And bring your guests along. Everyone is welcome to join in the fun. This month we are trying to recruit enough participants to form at least three teams to compete in the Four Seasons Beaumont Senior Oldlympics in September, so join us for a chance to win a gold

medal. For more information, contact Dave at dave.rohrbacker@icloud.com. ~ *Dave Rohrbacker*



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PICKLEBALL

Pickleball's Oldlympics competition is scheduled for Friday, Sept. 12. This is a free tournament for any resident of Four Seasons, so register early with Tournament Director David Martin at dcmartin@pacbell.net, as space may be limited depending on the response. There will be two divisions: ages 55-69 and over 70. This will be a rotating partners event for all skill levels, meaning a male or female partner will be randomly assigned to you from your age division. You will change partners each game and record your points for each game to tally a total score. The top three scorers in each age and gender division will receive awards from the HOA on Oct. 17. Check the posted flyers and activity boards for more info, then register, and get in on the action!

We celebrated summer with our fourth annual pool party, barbecue, and potluck. Grill chefs Barry Ginnetti and Bob Mendenhall kept the burgers and hot dogs coming, while Maggie Domico and Carol Ward got all the fixings prepared. Potluck picks were plentiful and tasty — Maggie's special beverage sure hit the spot — and the weather was perfect. Many took to the pool to relax and chat, while others sought shade to sit in and do the same. This year's pool party fell near the anniversary date of one of our members being successfully resuscitated from a cardiac event right there at the pickleball courts, before EMTs arrived, four years ago. (It wasn't just indigestion!) Gary, you just don't know how happy we all are to see you enjoying life and playing pickleball with us (even if that sneaky little serve of yours makes us run!)

The Senior National Pickleball Tournament in Des Moines, IA, scores are all in. Congratulations to resident John Schafer and Steve Roa, formerly of Four Seasons, who claimed the silver medal in the 3.5 skill level for their age bracket! They played 18 tough games all in one 11-hour day. John also played mixed doubles there with Four Seasons' Sandra Terry, but, unfortunately, they were unable to progress out of the 36-team preliminaries in their 3.5 skill-level bracket. Maybe next time ...

Pickleball Club play time continues to be daily from 7 to 11 am. Nancy Hessin offers a fun and informative introduction to pickleball session each Saturday at 8:30 am for residents of Four Seasons who are interested in beginning to learn how to play. Just show up at the pickleball courts in comfy clothes and court shoes, bring water, and join the fun! ~ *Gayle Wardenski, gmew@hotmail.com*



Steve Roa (far left) and John Schafer (left) with Silver



Grill masters Barry Ginnetti and Bob Mendenhall



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BEAUMONT BAGGERS CORNHOLE GROUP

The Beaumont Bagger Group has been enjoying their new location at The Lodge grassy area.

The shade makes it more comfortable to play on hot nights. Join us for an evening with a fun and welcoming group. No experience, equipment, or skill is needed. We set you up with a teammate for the night. We welcome couples and singles to join, either to play or to watch. Join us at The Lodge every Tuesday at 4 pm. Get a name tag, throw it in the hat to play. Don't forget to bring a lawn chair and enjoy a lovely night with us. ~ Pat Barry



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LADIES PUTTERS



Just a reminder that the Ladies Putting Group will again participate in the Four Seasons Oldlympics and is open to ANY resident of Four Seasons, so we're hoping some guys will join us this time. The new cabana cover recently installed at the putting green has proven very effective as temperatures rise into the 90s. As always, we'd love to see more ladies come out and try our Ladies Putting Group, as it's a low-impact, fun, and very social

activity. The best part is, no experience is necessary. We have extra putters and balls if you'd like to join us. Our nine-hole putting green is located at The Courts, behind the pool area. Our putting days and times are Mondays at 4 pm and Fridays at 9 am. For more information, please contact Elaine Brown at (626) 589-9791 or Phyllis Kates at (909) 227-0037. ~ *Phyllis Kates*

4X4 SEASONS

East Indian Canyon Trail

Despite the record-breaking heat, 4x4 Seasons still gathered for a July outing. Six off-road rigs ventured into the rugged hills off Highway 243 in Riverside County for an adventurous day exploring the scenic terrain. Our route took us through the dusty trails of East Indian Canyon and San Jacinto Ridge where the mix of challenging inclines and stunning mountain views made for an unforgettable trip. Midway through the day, we took a refreshing break to splash in the cool waters of the North Fork of the San Jacinto River, enjoying the natural beauty and a chance to relax. After a few more miles of trail, we wrapped up our outing with a hearty lunch at the Atomic Cow and Creamery in Idyllwild, a perfect spot to recharge and swap stories from the trail.

If you are interested in 4x4ing with us, our meetings are on the second Tuesday of the month in the RCN and a 4x4 adventure is typically scheduled for the same week on Thursday. Hope to see you there. ~ *Scott D. Snyder*, scottdonaldsnyder@gmail.com



4x4 Seasons members enjoyed exploring nearby relaxing spots



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-Darryl, Resident



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BILLIARDS FOR FUN GROUP

The dog days of summer are upon us. Come down to The Lodge and enjoy some air conditioning while playing a couple of billiard games. The (BFFG) meets every Tuesday. We have two sessions: 11 am to 1 pm and 1 to 3 pm. See you there!

For more info, please contact Paul Snyder at (909) 214-9464 or Donna Snyder at (909) 435-6589. ~ *Donna Snyder*

CURLY CUES BILLIARDS

Curly Cues is seeking new players, and we welcome ladies of all skill levels, from beginners to advanced. We play on Mondays from 11 am to 1 pm in the Billiards Room. Come join us and start your Mondays with a fun group of ladies enjoying the game and friendly

camaraderie. You don't need to be a pool expert to enjoy our group.

For more information, contact Barbara Morton at (559) 269-0908 or barb93720@yahoo.com. ~ *Barbara Morton*

8-BALL CLUB

The 8-Ball Club presents pool lovers with lots of opportunities for practice and tournaments.

The 8-Ball Club practices or plays tournaments on Mondays, Wednesdays, and Fridays from 6:30 to 9 pm.

The monthly 8-Ball Club business meeting is held on the first Wednesday of each month.

In-house tournaments include an 8-Ball tournament on the second Wednesday of the month and a 9-Ball tournament on the fourth Wednesday of the month.

The club also competes in team events with Solera Oak Valley and Solera Diamond Valley (see addresses below) on the first, second, third, and fourth Monday of each month: two here and two away.

Solera Oak Valley, 1615 Fairway Drive, Beaumont, CA 92223; and Solera Diamond Valley, 1645 Paseo Diamante, Hemet, CA 92545

If you're new to the game or have played it before, don't be shy, stop by, pick up a stick, and give us a try.

Walk in and ask for Del or any of the members playing about the club (David, Captain Kirk, Doug, Augie, Larry, Bella, Claudio, Rick, Scott, Leo, Jone, et al).

The 8-Ball Club is always looking for new members who would like to learn to play pool to join us.

There is a calendar of all our events each month plus sign-up sheets in the Billiard Room at The Lodge, on the 8-Ball Club bulletin board.

If you have any questions about your 8-Ball Club, please contact the 8-Ball Club Captain, Del Lyles, at (951) 267-1752.

WILD BUNCH BILLIARDS

Four Seasons Billiards Room is the place to be! The Wild Bunch is in full swing, and looking forward to having those who are serious and competitive billiards players join us. We enjoy playing 8-Ball, 9-Ball, and Scotch Doubles. You don't have to be the best player, just a player who wants to improve their game in a more competitive setting.

The Wild Bunch consists of some of the best players in the league, and we are always looking for great competition.

If you want to play serious, competitive pool, we invite you to come by Friday afternoons from 12:30 to 2:30 pm in the Billiards Room and join in the stimulation of competitive play.

Looking forward to seeing you! ~ *Gracy Luna, gracyluna@aol.com, (951) 292-3624*

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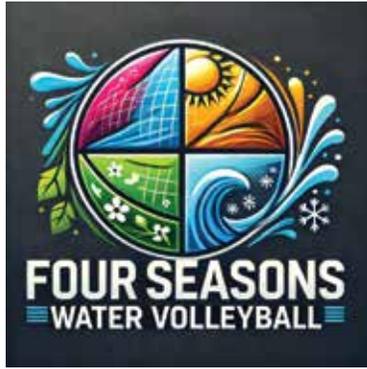
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WATER VOLLEYBALL CLUB

We're continuing our summer session this September with "Divisional Play." The action in the pool at The Courts takes place on Monday, Wednesday, and Friday from 10 am to 12 pm. Mondays and Fridays are designated for general play, welcoming participants of all skill levels. Wednesdays are scheduled for advanced play, which includes overhand serves only, as well as digs, sets, blocks, spikes, and more. With the reopening of the indoor pool at The Summit, Saturday's indoor games (10 am to 12 pm) are specifically for beginner play, where throw serves are permitted, but spiking and blocking are not. If you've ever thought about trying water volleyball but felt intimidated by the competition level, this is your chance to join in. The Summit pool is shallower than the one at The Courts, so come out and give it a try.

In August, the club hosted a pizza party on the pool deck at The

Courts, and everyone had a great time. A special thanks to club members who contributed desserts and finger foods for the event. On Friday, Sept. 19, the club will hold its annual "end-of-summer" pool party and tournament, coinciding with the Senior Oldlympics. Food and beverages will be provided by the club. If you'd like to participate, come out in early September to get some practice!

Water volleyball is a fantastic way to get out of the house for some low-impact exercise. Everyone is welcome. You don't need to be a club member to play, and all ages, heights, and skill levels can join! For more information, contact Craig Korotko at Korotko@msn.com. ~ *Craig Korotko*

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SHUFFLEBOARD

Due to the summer heat, we are playing our summer hours, which means that we play Mondays and Saturdays at 8 am at the shuffleboard courts behind the swimming pool and next to the paddle tennis courts at The Lodge. So wake up early and start your day by joining our shuffleboard family in an outdoor activity while getting a little exercise and fresh air.

Shuffleboard is an easy game to learn and almost anyone can quickly become proficient at this sport. Our games usually last a little more than an hour and we choose different teams each time we play. This allows us to keep the competition challenging and the games interesting. We play for fun, but, of course, everyone likes to win. We have no losers, only non-winners.

We have a great group of players who play regularly, but we always welcome new players. If you're interested in joining an enjoyable activity with lots of friendly residents, just show up on a Monday and/or

Saturday morning a little before 8 am. We will give you an introduction to the game if you have never played before, or a refresher if needed.

If you have any questions or concerns, please contact me. Otherwise, I hope to see you at the shuffleboard courts. ~ *Marty Rotman, (310) 948-1693, mrtmj@aol.com*



TENNIS CLUB



“You can’t be SERIOUS,” bellowed John McEnroe when he heard that the FSB Tennis Club was holding a pre-Wimbledon tournament and that the players would be taking on the names of actual Wimbledon champions. (Source: Associated Press) In 1977, McEnroe, at the age of 19, was the youngest male semifinalist in 100 years and in his career, he became a three-time champion as well as a well-known cranky pants. When McEnroe found out that it was going to be Steve Hovey, an aging and aged lefty and cranky pants in his own right, who was tagged with his name, he really popped his cork. Which is exactly what the tournament winners were able to do with their large bottles of champagne, in keeping with Wimbledon’s traditions. After four rounds of “Tiebreak Ten” matches, four teams qualified for the semi-finals: Stan Lam (Stan Smith)/Tracy Mahan (Lindsey Davenport), Thekla Seigman (Billie Jean King)/Randy Haemmerle (Carlos Alcaraz), Larry Martin (Jimmy Connors)/Chikako Ferguson (Elena Rybakina), Bernadette Lombardo (Simona Halep)/Richard Carrasco (Rafael Nadal). It’s not an oversight that McEnroe’s namesake isn’t on that list; he was left to grumble on his own. In the match for third place, Bernadette and Richard defeated Larry and Chikako 10 – 6, and in the championship contest, Tracy and Stan prevailed over Randy and Thekla, also by 10 – 6. And then we all celebrated with barbecued burgers and hot dogs, not a Wimbledon tradition, followed by strawberries and (whipped) cream, suitable for a London day at The Courts. If we do this again next year, maybe someone will pick the name of Althea Gibson, who in 1957 became the first Black tennis player to win the Wimbledon singles title by defeating fellow American Darlene Hard in the championship match.

The Tennis Club does not have any special activities scheduled for the hot month of August, but we will look forward to watching the U.S. Open tournament running from Aug. 24 to Sept. 7.

Play early or play late but be sure to hydrate.

Saturday FUNdamental drills and gentle coaching will start at 8:30 am on Court 1. Regular last-Saturday-of-the-month Play Days will have sign-ins at 8 am and play beginning at 8:30 am.

Visit our website at <https://sites.google.com/view/tennis-fourseasons/home>. ~ Steve Hovey (951) 712-5319, sahovey47@hotmail.com



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RUMMIKUB

Rummikub (rummy cube) is one of the most popular games in the world. It is a tile-based game for two to four players combining elements of the card game rummy and mahjong. Rummikub was invented in the 50s by Ephraim Hertzano, a Romanian-born Jew. He had made the first sets with his family in the backyard of his home and sold them door to door. Over the years, the family licensed it to other countries. In the 1970s, it was brought to the United States. We welcome you to come and join us on Mondays from 2 to 4 pm in The Lodge Game Room. It's no problem if you have never played before. We love to teach! If you have any questions, call Sherry Mounts at (323) 810-0632. ~ *Sherry Mounts*



DUPLICATE BRIDGE

There was not enough interest in a Duplicate Bridge sessions to hold a game in August. I will make another try for September. Perhaps there will be more interest with the end of the summer. Remember that duplicate bridge can be fun even though it's more serious than other forms of the game. ~ *Kirk Freyermuth, kafreyer@frontier.com*



BRIDGE FOR FUN

If you are thinking of new activities and have a basic knowledge of how to play the game of Bridge, come join us on Wednesdays from noon until 3:30 pm in The Lodge Game Room. We are a fun and easy-going group; come play with us. For more information, contact Verina Rector at (951) 769-1687. ~ *Lois L. Butler*

BUNCO

Let the good times roll! Join us on Fridays for laughter, fun, and friendship as we roll the dice to see who will throw the most Buncos, Wins, Baby Buncos, Losses, Last Bunco, and even Wipe-Outs! We are always adding new twists to keep you on your toes as we celebrate special days. Everyone is welcome. We play on the first and third Friday in the RCN and on the second, fourth, and fifth Friday in the Card Room. Be sure to check in by 12:45 pm so we can begin playing by 1 pm. If you have any questions, please contact Cheryl Diego at kinderbear@msn.com or Linda Supernaw at supernaw4@sbcglobal.net. ~ *The Crazy Bunco Ladies*



CANASTA

Join us for an afternoon of friendship and fun while playing a game of Hand and Foot Canasta. We meet on Thursdays from 12:45 to 4 pm in the RCN Main Room. Table assignments are distributed at 12:45 pm. Each week you may play with someone different, giving you an opportunity to meet new friends and/or to visit with existing friends. We supply the cards, so just bring yourself and a desire to have fun. If you don't know how to play, we are always happy to set up a teaching table — by the end of the afternoon you will have mastered the game. Join us. ~ *Pam Morales, pamelamoraes26@gmail.com*

HEARTS

We play Hearts every Tuesday at 6 pm in The Lodge Game Room. We welcome new players. If you don't know how to play, we'll be happy to teach you. Seating is done by random card draw. Try your luck at getting all the hearts plus the queen of spades. That takes 26 points off of your score, or, if you choose, adds 26 points to all the other players at the table. The jack of diamonds takes 10 points off of your score. The lowest score wins. It is lots of fun and we look forward to seeing you on Tuesday evenings.

DOMINOES

Hey everyone, we're inviting more players, whether new to the game or experienced, to come out and play dominoes with us on Wednesday and Friday evenings! We offer joyful, fun-filled sets where players match their wits and gaming styles while attempting to "domino" — or play their last bone before other players can. There is strategy involved, especially for more competitive players. Still, we can enjoy and do offer relaxing sets where the aim is playing the game, win or lose.

For our more competitive players, the Dominoes Club has decided to announce winners quarterly. The next announcement for the winners of the Summer Quarter – July through September 2025 – will take place in October 2025 and post in the November 2025 *Breeze*.

Shout-outs to our rotating deejays Pete Antoine, Frank Turner, and Roxanne Williams for regularly providing the soulful and

rousing music at our gaming sessions. The music truly adds to the mellow vibes. Also, shout-outs to those players who bring out treats for us to enjoy: Jan White and John Johns for "keeping score" while keepin' us honest; and Jesse Dimmer, Reggie Fuqua, and Pete Antoine for continually keeping the club together. Last, but not least, shout-out to all the players who come out "rain or shine" to support us and have a great time!

So, come on out and join us for an enjoyable evening "slamming bones." The Dominoes Club plays every Wednesday and Friday from 6 until 9 pm in the Game Room. Novice players are encouraged to come out from 5 to 6 pm, on Wednesday and Friday, to learn the game.

For more information, contact Reggie at (951) 743-3594 or Jesse at (714) 474-1365. ~ Roxanne Williams



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PAID ADVERTISEMENT



CO-ED BID WHIST

Hey everyone, I am inviting more folks to come out and play Bid Whist. We have paper flyers available at The Lodge, and our electronic flyer can be viewed on the E-boards in all the facilities and online in the Activities Blast.

We have an enjoyable time socializing while applying our individual team strategies to win the hand or stop the opposing team from winning. You can hear the excited voices of the victors around the tables, as well as a variety of mellow music from artists like The Temptations, Herbie Hancock, Aretha Franklin, Paul Simon, and Adele — to name a few — in the background.

I strongly encourage new players to come out. We will teach you

how to play the game. Bid Whist is a variation of the original game of Whist, and it involves trick taking, strategy, card counting, and careful communication with a partner. It is similar in play to bridge and spades. Whether you are new to the game or a veteran player, I invite you to come out and play with us! Win or lose ... you will have a lot of fun and meet some great folks while playing Bid Whist.

The Co-Ed Bid Whist Club meets on Tuesdays from 6 to 8:30 pm in RCN Room #3. We look forward to seeing you at the tables.

For more information, contact Frank Turner (562) 922-9737. ~ **Frank Turner**

UPTOWN DIVAS BID WHIST

The Uptown Divas Bid Whist Group meets on the first and third Friday of every month from 2 to 4 pm in The Lodge Game Room. ~ **Deborah Garner, kenyakiki@aol.com**

THREE THIRTEEN

Three Thirteen is a fun and fast-paced card game, played in 11 rounds. A variation of Rummy, players meld runs and sets of at least three cards. The first player to lay all cards down receives no points. Then the remaining players lay down their cards, on either the first player's cards or their own. Each round uses a progressive, new wild card, from 3 to kings. The lowest score wins. Not a lot of rules to remember and it's quick and easy to learn. Everyone is welcome and we will always have a learner's table, if needed.

We meet the first and third Tuesday of each month at 2 pm in The Lodge Game Room. Everyone is welcome to join us. If you have questions or want your name to be added to the group email list, contact Simone at simone@bissada.net. ~ **Simone Bissada**

PAN

We are looking for players, substitute players, and people who are interested in learning the game. I am happy to teach anyone who wishes to learn to play Pan, either individually or in a small group — your home or mine. Pan is a card game, much on the order of Gin in some respects, that is played with up to eight people at a table. It is played by both men and women, so all are welcome. The game is played during the day or in the evening in The Lodge or at a private home. If you are interested, please contact Linda Mendelson at (951) 941-9100 or email Goldtoy@earthlink.net, and I will answer any questions you may have. As with all card games, it is played with both skill and luck. ~ **Linda Mendelson**



MAH JONGG

Hello all! We are now playing Mah Jongg every Friday from 1 to 3 pm in the RCN Main Room. I hope you can join us. The great part is that you do not have to commit to every Friday. If you are interested in learning this game, we arrange periodic lessons and have a table designated for new players. If you have any questions or would like to arrange an introductory lesson, contact Terry Hall at Terryhall005@gmail.com. ~ **Terry Hall**



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GET THE JOKE - WIN \$20!

“Get the Joke” is a simple contest ... somewhere in this issue is a “joke” ad, article, or other notice. You’ll know it when you see it — it will be silly, over-the-top ridiculous, or just plain goofy — and hopefully it will bring a smile to your face. When you find it, email your response to FourSeasonsNews@yahoo.com. Or you can cut out and complete the box below and take it to The Lodge front desk. One correct entry will be chosen at random to win a \$20 gift card. Please get your entry in no later than the sixth of the month. Thanks!

LAST MONTH'S JOKE



MONSTERS AWAY

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YOUR COMMENTS

Wish I would have had this number to call when I was about five years old to scare that monster from under my bed! A J R.

Poor monsters. Mikelyn B.

I might need this service. My stash of chocolate keeps disappearing and I blame my husband; perhaps it’s a monster. Karen M.

I’m a monster if I don’t have my coffee in the morning! Bob B.

Heaven knows we want to keep monsters at bay. Sally W.

The Breeze is a great magazine, full of great pictures and important information. Thank you all at the Breeze. Linda K.

THIS MONTH'S WINNER:

LINDA KALE

I got the joke!

Resident’s Name (first & last): _____ Phone _____

This was the joke: _____

We love your comments (about the joke, the *Breeze*, or whatever’s on your mind!): _____

Solutions of puzzles on page 40

7	3	8	9	6	4	1	2	5
2	5	9	7	1	3	4	8	6
6	1	4	5	2	8	9	3	7
4	9	2	6	3	5	7	1	8
1	7	6	8	4	9	2	5	3
5	8	3	2	7	1	6	9	4
8	6	5	1	9	7	3	4	2
9	4	7	3	8	2	5	6	1
3	2	1	4	5	6	8	7	9

EASY

6	4	2	3	7	5	1	8	9
5	3	1	2	9	8	4	7	6
9	7	8	6	4	1	5	2	3
1	6	3	7	5	2	8	9	4
4	8	5	1	3	9	7	6	2
2	9	7	4	8	6	3	1	5
8	5	6	9	1	3	2	4	7
7	1	9	5	2	4	6	3	8
3	2	4	8	6	7	9	5	1

MEDIUM

5	1	8	3	7	2	4	6	9
6	3	4	9	8	5	2	1	7
9	7	2	4	6	1	3	5	8
2	8	5	6	1	3	7	9	4
1	4	6	8	9	7	5	2	3
7	9	3	2	5	4	1	8	6
3	2	9	5	4	6	8	7	1
8	5	7	1	3	9	6	4	2
4	6	1	7	2	8	9	3	5

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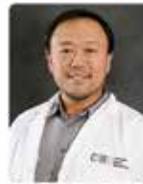
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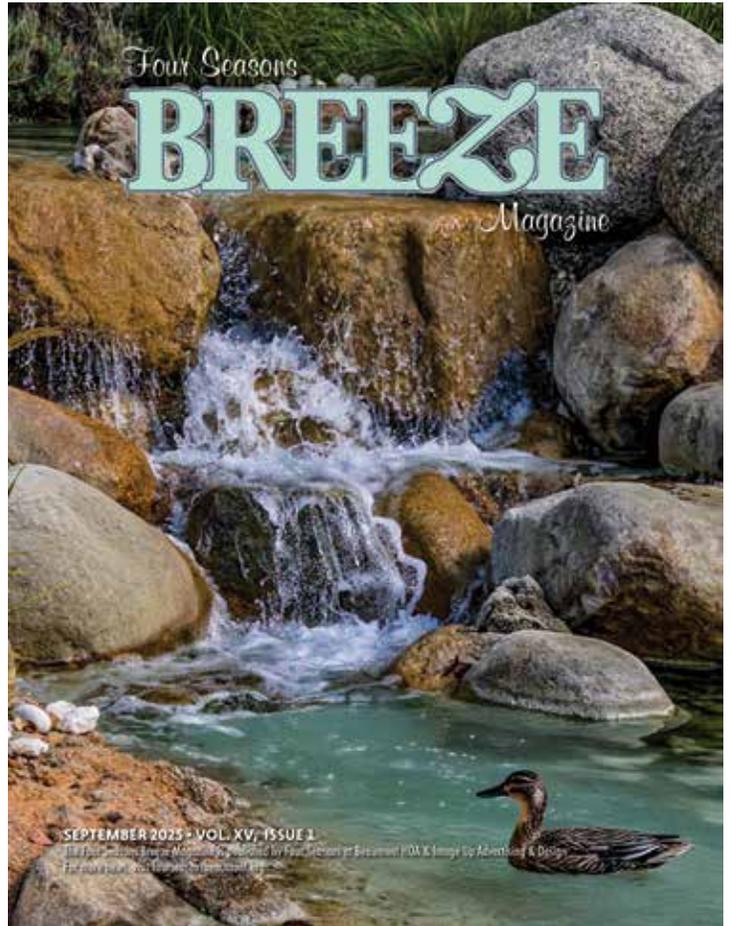
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- Vertical portrait format is preferred
- Simple, uncluttered photos work best
- Digital photos are requested at high resolution, 4 megapixels or higher, 300 dots per inch (dpi) or at least 1536 x 1024 pixels; a high-res photo will be 2-10 megabytes (MB)
- Send jpeg format photos to FourSeasonsNews@yahoo.com
- Include a brief description of the photo including the location
- If you have any questions, please call Courtney Taylor at (909) 797-3647

Submission Guidelines

The *Breeze* Communications Committee requires all committees, clubs, and groups to submit their article ***no later than 12 noon on the sixth of each month***. Maximum article length is 400 words and maximum number of photos per club/group is three. Photo collages are not accepted. Email Microsoft Word document (.doc), Rich Text Format (.rtf) or simply include your article in the body of an email message to FourSeasonsNews@yahoo.com. Articles submitted as PDFs or in hard copy will not be accepted.

Please include the committee, club, or group name; writer's contact information; and organization's contact information. Within the article, include upcoming event details and general contact information. Photographs (maximum three) must be clear, in focus, and submitted as high-resolution jpegs with captions including the first and last name of everyone in the photo. **NO COLLAGES**. Photos and articles will be printed at the discretion of the Communications Committee.



COVER PHOTO

Photo by Howard Levine

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